

LETTER

Syn3, a newly developed cyclic peptide and BDNF signaling enhancer, ameliorates retinal ganglion cell degeneration in diabetic retinopathy

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Dear Editor,

Diabetic retinopathy (DR) remains a leading cause of irreversible blindness in adults worldwide (Sabanayagam et al., 2019). Increasing evidence suggests that visual deficits are closely associated with neurodegeneration, especially the synaptic loss and degeneration of retinal ganglion cells (RGCs) (Kern and Barber, 2008). Neurotrophic factors play a key role in supporting the survival of RGCs (Kimura et al., 2016) and brain-derived neurotrophic factor (BDNF) stands out as a crucial neurotrophin vital for RGCs (Kimura et al., 2016). *In vivo* studies have demonstrated that intravitreal administration of BDNF enhances the survival of axotomized RGCs in rats, and astrocytes designed to secrete BDNF promote RGC survival *in vitro* (Castillo et al., 1994). The levels of BDNF in both serum and aqueous humor are significantly reduced in patients with diabetes mellitus prior to the onset of clinical signs of retinopathy (Taslipinar Uzel et al., 2020). In streptozotocin (STZ)-injected DR rats, BDNF mRNA, and protein expression is reduced in retinal tissues (Seki et al., 2004) and retinal neuropathy was ameliorated by intraocular administration of BDNF (Seki et al., 2004). These findings demonstrate the

physiological significance of reduced BDNF signaling in the development of DR and the degeneration of RGCs, suggesting that bolstering BDNF signaling may offer neuroprotection to RGCs in diabetes (Seki et al., 2004).

Upon BDNF stimulation, the tropomyosin receptor kinase B (TrkB) receptor associates with the adaptor proteins Gab1, SHP2, and Grb2, which facilitate the initiation of the phosphoinositide 3-kinase-Akt-mammalian target of rapamycin (mTOR), phospholipase C, and the Ras/MAPK intracellular signaling pathways (Kimura et al., 2016). Postsynaptic density protein-95 (PSD95) is a synaptic scaffolding protein involved in the trafficking and stabilization of N-methyl-D-aspartate receptors and α -amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid receptors at the postsynaptic membrane to regulate glutamatergic transmission and synaptic plasticity (Cao et al., 2013; Marshall et al., 2018). Our group (Cao et al., 2013; Lau et al., 2023) and others (Ji et al., 2005) identified PSD95 as a TrkB-associated scaffolding protein required for intact downstream PLC and Akt-mTOR signaling (Cao et al., 2013).

Intravitreal delivery of BDNF has been shown to mitigate RGC degeneration following optic nerve injury, although its efficacy is limited due to TrkB downregulation

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(Fudalej et al., 2021). Treatment with BDNF is also problematic due to potential toxicities arising from its activation of the p75NTR pathway and the possible truncated TrkB.T1 isoform implicated in retinal degeneration (Yanpallewar et al., 2012). In an attempt to circumvent these limitations, we developed a series of peptidomimetic compounds that bind PSD95 to facilitate its association with TrkB and enhance BDNF signaling (Cao et al., 2013; Lau et al., 2023). One of these compounds CN2097 (R₇-CC-YK[KTE(β-Ala)]V) consists of a cyclic moiety based on CRIPT, incorporating a β-alanine lactam side chain linker between the valine and threonine residues that binds both the PDZ1 and PDZ3 domains of PSD95 and a poly-arginine (R_n) blood-brain barrier active-transport moiety (Cao et al., 2013; Lau et al., 2023). In Angelman syndrome, where BDNF signaling is impaired (Cao et al., 2013), CN2097 enhanced BDNF signaling to restore long-term potentiation and mitigate neurological deficits (Cao et al., 2013; Lau et al., 2023). In this study, we first investigated the efficacy of CN2097 in the treatment of DR. Finding that CN2097 administration potentially alleviated RGC degeneration, we next tested the efficacy of a newly developed cyclic peptide, named Syn3, which specifically binds the PDZ3 domain of PSD95 with nanomolar affinity (Naik et al., 2024). We found that Syn3 boosts the formation of the TrkB-PSD95-Gai1/3 complex, and is more potent than CN2097 in providing robust protection for RGCs in DR model mice.

We first assessed the ability of CN2097 to promote BDNF signaling in primary murine RGCs. Pretreatment with CN2097 (2 μmol/L) for twenty minutes significantly enhanced BDNF-induced Akt and S6K phosphorylation ($P < 0.001$ vs. BDNF-only treatment, Fig. S1A), without affecting TrkB phosphorylation ($P > 0.05$ vs. BDNF-only treatment, Fig. S1A) or the expression of TrkB, Akt1, and S6K (Fig. S1A). To determine whether CN2097 protects RGCs *in vivo*, the streptozotocin (STZ)-induced DR mouse model was established. CN2097 was intravitreally administered at day 42 and day 56 after the final STZ administration (Fig. S1B). In DR mice (10 weeks after the last STZ administration), the number of nuclei in the retinal ganglion cell layer (GCL) was decreased by $45.08\% \pm 9.54\%$ compared the vehicle-administrated control mice (“Ctrl,” $P < 0.001$, nice mice per group, Fig. S1C). Significantly, CN2097 administration ameliorated RGC degeneration in DR mice (12.22 ± 2.59 vs. 22.01 ± 2.80 per view, $P < 0.001$, Fig. S1C), quantifying nuclei from Hematoxylin and Eosin (HE)-stained retinal sections. Fluorescence staining of retinal sections confirmed that the number of NeuN-positive RGCs in the GCL was dramatically decreased in the DR mice ($47.8\% \pm 9.92\%$ compared to Ctrl mice, $P < 0.001$, Fig. S1D). CN2097 administration reduced RGC degeneration in DR mice (10.89 ± 2.526 vs. 15.56 ± 3.88 per view, $P < 0.01$, Fig. S1D). Furthermore, the expression levels of the RGC marker proteins Thy-1 (a surface glycoprotein uniquely

expressed on RGCs) and β3-tubulin showed a significant decrease in the retinal tissues of STZ-administrated DR mice (quantified from retinal tissues of six mice per group, $P < 0.001$ vs. control mice, Fig. S1E). Notably, administration of CN2097 potentially mitigated the downregulation of Thy-1 and β3-tubulin proteins ($P < 0.001$ vs. DR mice, Fig. S1E).

CN2097 binds the PSD95 with relatively low affinity (Naik et al., 2024). Additionally, although the cyclic peptide was based on the C-terminal sequence of CRIPT which specifically binds the PDZ3 domain, we surprisingly found that CN2097 also interacts with the PDZ1 domain, which could reduce efficacy (Naik et al., 2024). A model of CN2097 bound to PDZ3 domain is shown in Fig. 1A.

To develop a compound that binds the PDZ3 domain with higher affinity we took advantage of a unique αC helix located after the PDZ3 domain (Naik et al., 2024). A novel peptidomimetic, Syn3, was designed that fused the αC helix-interacting residues derived from SynGAP with the CRIPT-cyclic peptide PBM, which increased PDZ3 affinity by five-fold compared to CN2097 (Naik et al., 2024). Surface plasmon resonance results show that Syn3 has significantly higher on-rates (k_a) as well as off-rates (k_d) than CN2097 (Naik et al., 2024). A model of Syn3 bound to a longer PDZ3α domain illustrates the binding of SynGAP-derived residues with the αC helix (Fig. 1A). Despite both compounds containing the CRIPT-cyclic peptide, which interacts similarly within the groove formed between the first alpha helix and the second β-strand of the PDZ3 domain, variations exist in their binding orientations (Fig. 1A).

Testing the ability of Syn3 to enhance BDNF signaling in primary murine RGCs, Syn3 significantly increased phosphorylation of Akt (Ser-473) and p70S6 kinase (S6K, Thr-389) ($P < 0.001$ vs. BDNF-only treatment), without affecting TrkB phosphorylation (Fig. 1B and 1C). Notably, Syn3 was effective at one-tenth the concentration (0.2 μmol/L) required by CN2097 to produce equivalent results. The protein expression of TrkB, Akt1, and S6K in the murine RGCs was unchanged by BDNF or BDNF + Syn3 (Fig. 1B and 1C). Significantly, TrkB silencing using a lentivirus-packed shRNA (“shTrkB”) blocked BDNF (25 ng/mL) plus Syn3-induced Akt-S6K phosphorylation (Fig. 1D), demonstrating that the TrkB receptor is required for Syn3-mediated BDNF signaling. Syn3 treatment alone failed to stimulate TrkB (Tyr-515), Akt (Ser-473), and S6K (Thr-389) phosphorylation (Fig. S2A) and also had no effect on insulin or PDGF receptor signaling (Fig. S2B). In the primary murine RGCs, treatment with insulin (1 μg/mL) or PDGF (-AB, 25 ng/mL) significantly increased Akt-S6K phosphorylation, which was not augmented by Syn3 (0.2 μmol/L) ($P > 0.05$ vs. insulin/PDGF single treatment, Fig. S2B). These results validate that compounds targeting the PDZ3 domain of PSD95 efficiently and specifically enhance BDNF-TrkB signaling in primary murine RGCs. In primary human

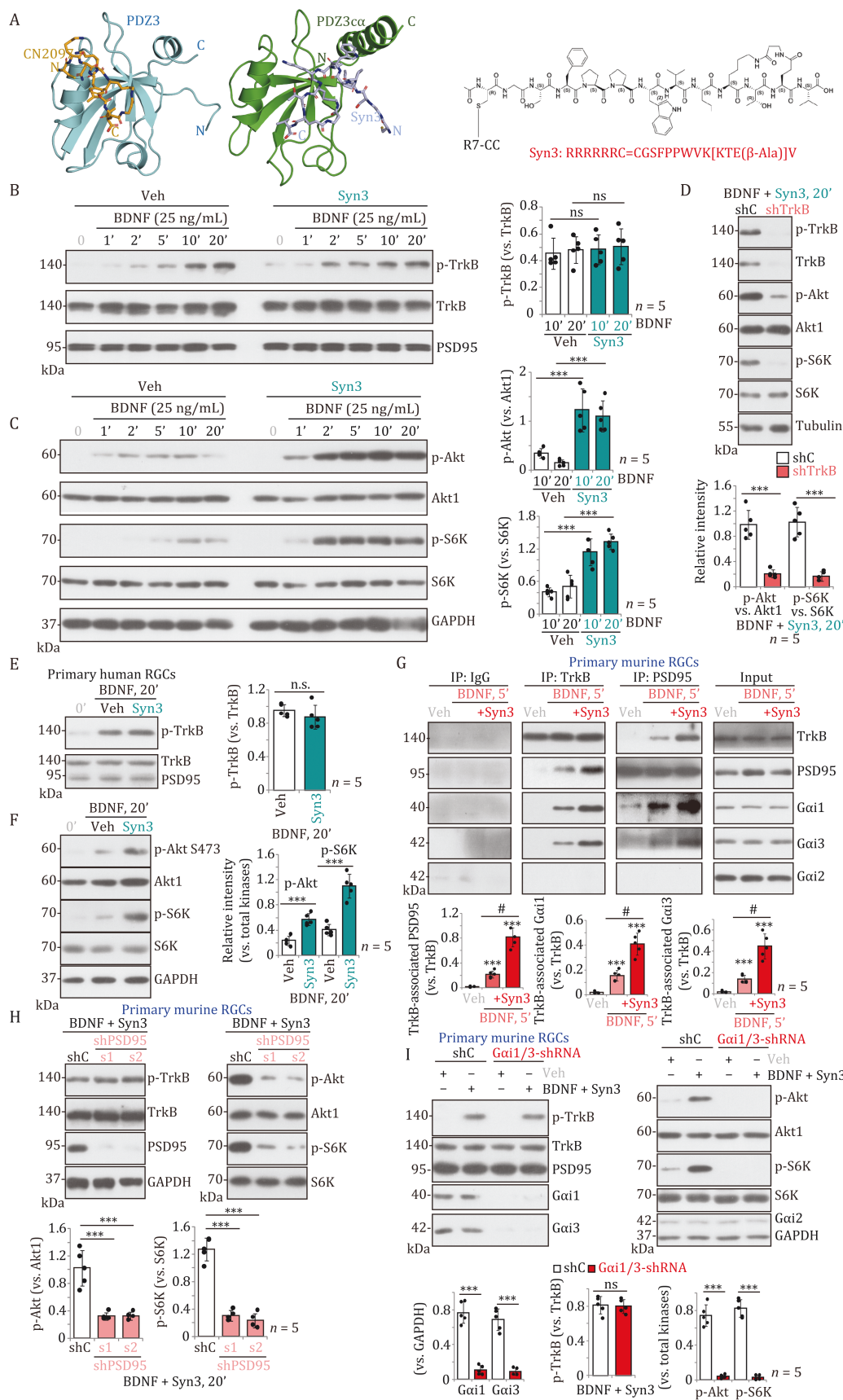


Figure 1. Syn3 enhances BDNF-TrkB signaling in primary RGCs. Experiment guided models of CN2097 interaction with PSD95 PDZ3 domain and Syn3 interaction with the longer PDZ3 α domain. These models were built using sparse NMR chemical shift perturbation data using software Haddock version 2.4. (A). The amino acid structure/sequence of Syn3 is also presented (A). The

RGCs pretreated with Syn3 (0.2 $\mu\text{mol/L}$), BDNF-induced Akt-S6K phosphorylation was significantly enhanced ($P < 0.001$ vs. BDNF only treatment, Fig. 1E and 1F), whereas PSD95 protein expression and TrkB phosphorylation were unchanged (Fig. 1E and 1F).

Oxygen glucose deprivation/re-oxygenation (OGD/R) induces neuronal injury via mechanisms believed to mimic neuronal ischemia and hypoxia injury of DR pathology. We exposed primary murine RGCs to OGD for 4 h followed by 36 h of re-oxygenation (OGD/R), resulting in cell death quantified by a decrease in the number of β 3-tubulin-stained RGCs (Fig. S2C). OGD/R stimulation reduced cell viability (CCK-8 OD, Fig. S2D) and increased lactate dehydrogenase (LDH) release (a marker of cell death, Fig. S2E). Significantly, the decrease in cell count and viability induced by OGD/R, as well as cell death were mitigated by the combined treatment of BDNF (25 ng/mL) and Syn3 (0.2 $\mu\text{mol/L}$, pretreatment for 20 min) ("BDNF + Syn3") (Fig. S2C–E). This combination rescued a significantly greater number of RGCs from OGD/R compared to treatment with BDNF alone ($P < 0.01$ vs. BDNF-only treatment, Fig. S2C–E). In confirmation of the CCK-8 and LDH results, OGD/R stimulation was found to induce significant apoptosis activation as evidenced by increased Caspase-3 activity (Fig. S2F), Caspase-3/Caspase-9/Poly (ADP-ribose) polymerase 1 (PARP1) protein cleavage (Fig. S2G), and TUNEL-positive nuclei (Fig. S2H), which was mitigated by BDNF + Syn3 treatment (Fig. S2F–H). The protective effect of combining BDNF and Syn3 was greater than that achieved with BDNF treatment alone ($P < 0.01$, Fig. S2F–H). Treatment with the TrkB inhibitor K252a or the Akt-specific inhibitor MK-2206 blocked the effects of Syn3 on BDNF-TrkB signaling (Fig. S2I) and protection against OGD/R (Fig. S2J–L). Similarly in primary human RGCs, BDNF-induced RGC survival against OGD/R was potentiated by Syn3 ($P < 0.01$ vs. BDNF-only treatment, Fig. S2M).

The results show that Syn3 enhances TrkB-Akt signaling at a 10-fold lower dose compared to CN2097 to protect RGCs in DR mice. As CN2097 acts to promote TrkB-PSD95 association (Cao et al., 2013; Lau et al., 2023), mechanistically the enhanced binding affinity of Syn3 for the PDZ3 domain of PSD95 is predicted to more potently promote

TrkB-PSD95 association. Co-immunoprecipitation (Co-IP) results confirmed that Syn3 pretreatment (20 min, 0.2 $\mu\text{mol/L}$) augmented TrkB-immunoprecipitated PSD95 in primary murine RGCs (Fig. 1G). TrkB and PSD95 protein expression was unchanged by BDNF (or plus Syn3) (Fig. 1G, "Input"). Our previous studies demonstrated the indispensable role of Gai1 and Gai3 (Gai1/3) in transducing BDNF-TrkB signaling in hippocampal neurons (Marshall et al., 2018). Gai1/3 associated with BDNF-activated TrkB to promote TrkB endocytosis and downstream signaling (Marshall et al., 2018). In murine RGCs, BDNF treatment similarly induced TrkB immunoprecipitation with both Gai1 and Gai3 (Fig. 1G), and augmented with Syn3 pretreatment (20 min, 0.2 $\mu\text{mol/L}$) (Fig. 1G). Gai2 protein did not associate with TrkB or PSD95 in murine RGCs (Fig. 1G). Importantly, silencing of PSD95 using two lentivirus-packed PSD95 shRNAs ("shPSD95-s1" or "shPSD95-s2," with non-overlapping sequences), impaired BDNF (25 ng/mL) plus Syn3 (0.2 $\mu\text{mol/L}$, 20 min pretreatment) ("BDNF + Syn3")-induced Akt and S6K phosphorylation (Fig. 1H), and compromised BDNF + Syn3-induced RGC neuroprotection against OGD/R (Fig. S3A–C). Similarly, in primary human RGCs, the application of lentivirus-packed PSD95 shRNA ("shPSD95-s1") downregulated PSD95 (Fig. S3D) and inhibited BDNF + Syn3-induced Akt-S6K activation (Fig. S3D).

To examine the role Gai1/3 in BDNF signaling and Syn3 function, the expression of Gai1 and Gai3 was knocked-down using Gai1 and Gai3 shRNA-expressing lentiviruses (Gai1/3-shRNA) co-added to primary murine RGCs, that resulted in substantial Gai1 and Gai3 protein knockdown after six days (Fig. 1I), with Gai2 protein expression remaining unchanged (Fig. 1I). Significantly, BDNF (25 ng/mL) plus Syn3 (0.2 $\mu\text{mol/L}$, 20 min pretreatment) ("BDNF + Syn3")-induced Akt-S6K phosphorylation was blocked by Gai1/3 knockdown (Fig. 1I). Gai1/3 silencing did not significantly affect protein expression of TrkB, PSD95, or BDNF + Syn3-induced TrkB phosphorylation (Fig. 1I). Following exposure of Gai1/3-shRNA in murine RGCs, BDNF + Syn3-induced neuroprotection against OGD/R was abolished (Fig. S4A–C). In contrast, increasing Gai1 and Gai3 protein expression augmented the effects of Syn3 on BDNF signaling (Fig. S4D). The

primary murine or human RGCs were pretreated with Syn3 (0.2 $\mu\text{mol/L}$) or vehicle control (saline, "Veh") for 20 min, followed by BDNF stimulation (25 ng/mL) for listed time, expression of listed proteins in total cell lysates was tested (B, C, E, and F). The primary murine RGCs with the lentiviral TrkB shRNA ("shTrkB") or the lentiviral scramble control non-sense shRNA ("shC") were treated with BDNF (25 ng/mL) plus Syn3 (0.2 $\mu\text{mol/L}$, 20 min pretreatment) ("BDNF + Syn3") for 20 min and were tested for the listed proteins in total lysates (D). The primary murine RGCs were pretreated with Syn3 (0.2 $\mu\text{mol/L}$) or vehicle control (saline, "Veh") for 20 min, followed by BDNF stimulation (25 ng/mL) for 5 min, TrkB-PSD95-Gai1/3 association was tested by co-immunoprecipitation (Co-IP) assays (G), and their expression examined (in "Input," G). The primary murine RGCs with the listed lentiviral PSD95 shRNA ("shPSD95-s1" or "shPSD95-s2") or the lentiviral scramble control shRNA ("shC") were treated with BDNF + Syn3 and were analyzed for the listed proteins in total cellular lysates (H). The primary murine RGCs with the lentiviral Gai1 shRNA plus lentiviral Gai3 shRNA (Gai1/3-shRNA) or the lentiviral scramble control shRNA (shC) were treated with BDNF + Syn3 or vehicle control (saline, "Veh") and were analyzed for the listed proteins in total cellular lysates (I). Data were presented as mean \pm standard deviation (SD). $n = 5$ stands for five biological repeats. *** $P < 0.001$. ** $P < 0.01$ vs. "Veh" (G). * $P < 0.05$ (G). "ns" stands for non-statistical difference ($P > 0.05$).

lentivirus-packed *Gai1*- and *Gai3*-expressing constructs were co-added to primary murine RGCs, leading to *Gai1* and *Gai3* protein overexpression (“oe*Gai1/3*”) after six days. In two oe*Gai1/3* RGC selections (“*Slc1* and *Slc2*”), BDNF + Syn3-induced Akt and S6K phosphorylation was further increased, while TrkB expression and phosphorylation was unchanged (Fig. S4D).

We also utilized dominant negative (DN) strategies to interfere with the association of *Gai1/3* with other signaling proteins. In both the DN-*Gai1* and the DN-*Gai3* constructs the conserved Gly (G) residue was substituted with Thr (T) in G3 box, preventing *Gai1/3* association with adaptor proteins. DN-*Gai1* and DN-*Gai3* lentiviruses were co-added to primary murine RGCs for six days, followed by Western blot to confirm expression in murine RGCs (Fig. S4E). In DN-*Gai1/3* murine RGCs, BDNF (25 ng/mL) plus Syn3 (0.2 μ mol/L, 20 min pretreatment) (“BDNF + Syn3”)–induced Akt and S6K phosphorylation was inhibited (Fig. S4E) and TrkB-PSD95-*Gai1/3* association was disrupted (Fig. S4F). The *Gai1* shRNA-expressing lentivirus and the *Gai3* shRNA-expressing lentivirus (*Gai1/3*-shRNA) were also added to primary human RGCs and two cell selections established, “*Slc1*” and “*Slc2*,” in which *Gai1* and *Gai3* were silenced (Fig. S4G). *Gai2*, TrkB, PSD95 protein expression, and BDNF + Syn3-induced TrkB phosphorylation were unchanged (Fig. S4G). Importantly, BDNF + Syn3-induced Akt and S6K phosphorylation was inhibited in *Gai1/3*-shRNA-expressing primary human RGCs (Fig. S4G).

Using the DR mouse model, we examined the efficacy of Syn3 to mitigate RGC cell death *in vivo*. Syn3 was intravitreally injected at one-tenth of the concentration of CN2097 using the protocol shown in Fig. 2A. In DR mice, 10 weeks after the last STZ administration, HE staining of retinal sections showed a significant decrease in the number of nuclei in the GCL by 57.72% \pm 6.28% compared to vehicle control mice ($P < 0.001$, with nine mice per group, Fig. 2B and 2C). Importantly, the administration of Syn3 significantly mitigated RGC degeneration in DR mice (14.11 \pm 1.54 vs. 20.22 \pm 1.48 per view, $P < 0.001$, Fig. 2B and 2C). NeuN fluorescence staining of the retina section (Fig. 2D and 2E), confirmed the loss of NeuN-positive RGCs in GCL of DR mice (45.14% \pm 9.17% of control mice, Fig. 2D and 2E). Remarkably, Syn3 administration significantly attenuated RGC degeneration in DR mice (Fig. 2D and 2E). The number of RGCs in the GCL (per view) was 9.78 \pm 1.99 in DR mice, which increased to 14.11 \pm 2.14 following Syn3 administration (random GCL views of nine mice per group, $P < 0.001$, Fig. 2D and 2E).

Moreover, the flat-mounted GCL immunofluorescence assay demonstrated that the number of β 3-tubulin-NeuN double-positive RGCs was significantly decreased in the retinas of DR mice (53.78% \pm 10.22% of Ctrl mice, $P < 0.001$, Fig. 2F and 2G). Following Syn3 administration, the number of RGC staining for β 3-tubulin and NeuN in

DR mice was significantly increased (142.11 \pm 27.00 vs. 214.22 \pm 39.38 per view, random retinal views of nine mice per group, $P < 0.001$, Fig. 2F and 2G). Furthermore, the β 3-tubulin fluorescence intensity was reduced in the GCL of DR mice (Fig. 2H and 2I), which was ameliorated by Syn3 administration (Fig. 2H and 2I). The expression of the RGC marker proteins, β 3-tubulin and Thy-1, was decreased in retinal tissues from DR mice (Fig. 2J) and their expression was restored by Syn3 administration (Fig. 2J).

Using an electroretinogram (ERG) to measure the neuronal electrical activity of the retina in response to light, we found that the visual evoked potential (VEP) P100 amplitude in DR mice was reduced to 53.05% \pm 15.94 % from that of control mice ($P < 0.001$, nine mice per group, Fig. 2K and 2L). Syn3 administration restored VEP (6.45 \pm 1.94 μ V vs. 10.64 \pm 1.05 μ V, $P < 0.001$, $n = 9$ mice per group, Fig. 2K and 2L), demonstrating that Syn3 maintained retinal function in DR mice. Importantly, the TrkB inhibitor K252a or the Akt inhibitor MK-2206 reversed Syn3-induced RGC protection in DR mice, showing that TrkB-Akt activation is required for the action of Syn3 (Fig. 2M). Syn3-induced inhibition of NeuN-positive RGC loss (Fig. 2N) and reduction in β 3-tubulin fluorescence intensity (Fig. 2O) was reversed by co-administration of K252a or MK-2206. Western blot of retinal tissues confirmed that K252a and MK-2206 inhibited Akt and S6K phosphorylation in Syn3-treated mice (Fig. 2P).

Next, we examined whether the neuronal knockdown of *Gai1* and *Gai3* would lead to RGC degeneration. AAV9 viruses expressing *Gai1* shRNA and *Gai3* shRNA were intravitreally injected into C57B/6J mice, generating *Gai1* and *Gai3* neuronal double knockdown (“*Gai1/3*-nDKD”) mice after 5 weeks (Fig. S5A). Control mice were intravitreally injected with AAV9-hSyn-scramble control shRNA (“shC”) virus. To confirm the specificity of the construct, an AAV9-hSyn-EGFP (enhanced green fluorescence protein) was intravitreally injected into C57B/6J mice and EGFP-positive staining was exclusively detected in GCL after 5 weeks (Fig. S5B).

In the retinal tissues of *Gai1/3*-nDKD mice, *Gai1* and *Gai3* mRNA and protein levels were substantially decreased ($P < 0.001$ vs. shC mice, $n = 5$, Fig. S5C and S5D). *Gai2* mRNA and protein expression in retinal tissues was not significantly changed. *Gai1/3*-nDKD largely inhibited Akt and S6K phosphorylation in the retinal tissues ($P < 0.001$ vs. shC mice, $n = 5$, Fig. S5D). TrkB protein expression, and its phosphorylation and PSD95 protein expression were unchanged after *Gai1/3*-nDKD (Fig. S5D). In *Gai1/3*-nDKD mice, Syn3 administration (Fig. S5A) failed to alter *Gai1/2/3* mRNA and protein expression (Fig. S5C and S5D), or affect TrkB-Akt-S6K phosphorylation in retinal tissues (Fig. S5D). These *in vivo* results further support the requirement of *Gai1/3* in Syn3-induced signaling.

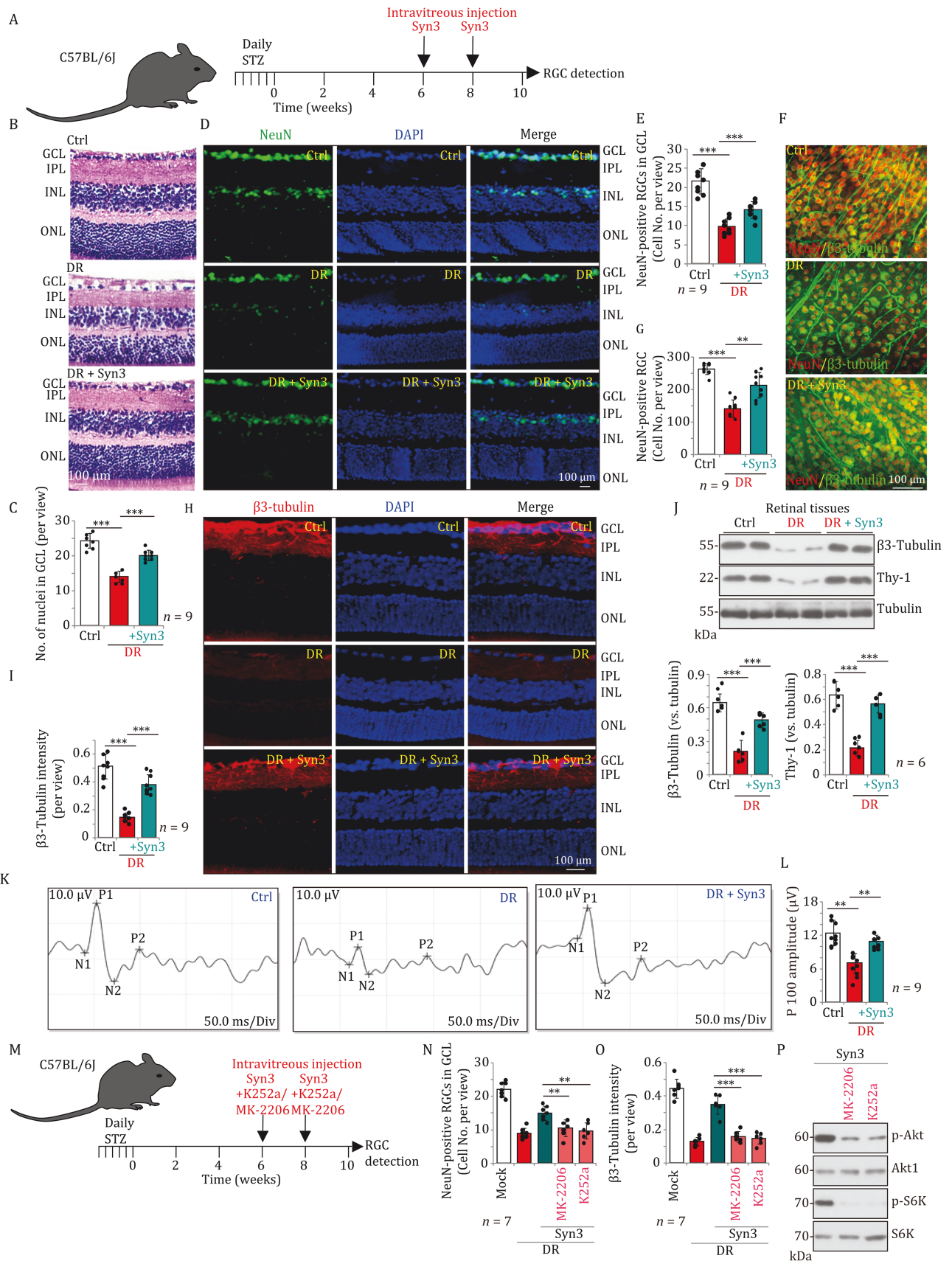


Figure 2. Syn3 mitigates RGCs degeneration in DR mice. DR mice were intravitreally injected with or without Syn3 (5 pmol in 0.5 μ L saline) twice (A); 10 weeks after the last streptozotocin (STZ) administration, HE staining on paraffin-embedded retinal sections was performed and number of nuclei in GCL was quantified (B and C). NeuN/DAPI fluorescence staining in the retinal sections was shown and the number of NeuN-positive nuclei in GCL was quantified (D and E, scale bar = 100 μ m). The fluorescence images of

Importantly, *Gai1/3*-nDKD resulted in RGC degeneration. The number of NeuN-positive RGCs in the GCL of *Gai1/3*-nDKD mice was $52.06\% \pm 8.92\%$ of that in shC mice (quantifying random retinal views of nine mice per group, $P < 0.001$, Fig. S5E). Syn3 administration failed to attenuate RGCs degeneration in *Gai1/3*-nDKD mice (Fig. S5E). The number of RGCs in GCL (per view) was 11.22 ± 1.92 in *Gai1/3*-nDKD mice and was 10.78 ± 2.39 with Syn3 administration (quantifying random GCL views of nine mice per group, $P > 0.05$, Fig. S5E). Moreover, expression of the RGC marker proteins, Thy-1 and β 3-tubulin, was decreased in retinal tissues of *Gai1/3*-nDKD mice (quantifying retinal tissues from five mice per group, $P < 0.001$ vs. shC mice, Fig. S5F), which was again not prevented by Syn3 administration ($P > 0.05$, Fig. S5F). The quantified retinal flat mount RGC number results validated a decrease in TuJ1-positive RGCs in *Gai1/3*-nDKD mice (quantifying random views of nine mice per group, $P < 0.001$, Fig. S5G). The administration of Syn3 failed to alleviate RGC degeneration in *Gai1/3*-nDKD mice (with cell counts of 125.67 ± 13.37 vs. 127.00 ± 11.75 , quantifying random views of nine mice per group, $P > 0.05$, Fig. S5G). Utilizing electroretinography (ERG) to assess the neuronal responses of the retina to light stimuli, the VEP P100 amplitude in *Gai1/3*-nDKD mice decreased to $60.19\% \pm 9.37\%$ compared to control mice ($P < 0.001$, with nine mice per group, Fig. S5H), and Syn3 administration did not significantly restore VEP amplitude ($7.10 \pm 1.11 \mu\text{V}$ vs. $6.89 \pm 1.78 \mu\text{V}$, $P > 0.05$, with nine mice per group, Fig. S5H).

The overexpression of *Gai1* and *Gai3* protein expression was found to augment the effects of Syn3 on BDNF signaling (Fig. S4). To examine if overexpression of *Gai1* and *Gai3* promotes the survival of RGCs *in vivo*, *Gai1* cDNA and *Gai3* cDNA sequences were individually inserted into the GV680 vector, and packed to generate AAV: AAV9-hSyn-*Gai1*-OE and AAV9-hSyn-*Gai3*-OE. Both viruses were intravitreally injected into adult mice (4-week old) and specifically increased *Gai1* and *Gai3* expression in RGCs ("*Gai1/3*-nDOE") after 5 weeks (Fig. S6A). As compared to vector ("Vec") control mice, *Gai1* and *Gai3* mRNA (Fig. S6B) and protein (Fig. S6C) expression was significantly increased in the retinal tissues of *Gai1/3*-nDOE mice, whereas *Gai2* mRNA (Fig. S6B) and protein (Fig. S6C) expression was unchanged.

Significantly, *Gai1/3*-nDOE potently increased Akt and S6K phosphorylation in retinal tissue (Fig. S6C).

Exploring whether neuronal overexpression of *Gai1* and *Gai3* could prevent RGC degeneration in DR mice, 5 weeks after the last STZ administration, AAV9-hSyn-*Gai1*-OE and AAV9-hSyn-*Gai3*-OE were intravitreally injected into the mice, establishing *Gai1/3*-nDOE after another 5 weeks (Fig. S6D). In STZ-administrated vector ("Vec") mice, β 3-tubulin and Thy-1 protein expression in retinal tissues was significantly decreased (Fig. S6E) but was mitigated in *Gai1/3*-nDOE mice (Fig. S6E). These results demonstrate that neuronal overexpression of *Gai1* and *Gai3* can prevent RGC degeneration in DR mice, mimicking the actions of Syn3.

In the present study we demonstrate the neuroprotective efficacy of CN2097 and Syn3 in the retina through their ability to enhance TrkB signaling. In mouse and human primary RGCs, CN2097 significantly amplified BDNF-induced signaling, and in the STZ-induced DR mice, CN2097 mitigated RGC degeneration. In mouse and human primary RGCs, Syn3, which has a 5-fold higher affinity for the PSD95 PDZ3 domain, significantly increased BDNF-induced downstream signaling at one-tenth of the effective concentration of CN2097. Although CN2097 binds strongly to the PDZ3 domain of PSD95, it can also bind the PDZ1 domain, which may explain why it is less effective in stimulating BDNF signaling. Pretreatment of primary RGCs with Syn3 at $0.2 \mu\text{mol/L}$, enhanced the BDNF-induced neuroprotection against OGD/R. Syn3 significantly increased RGC counts and inhibited apoptosis. These results were confirmed *in vivo* in the DR mouse model. Intravitreal injection of Syn3, at one-tenth, the concentration of CN2097, dramatically attenuated RGCs degeneration in DR mice and maintained retinal function.

We have established *Gai1/3* as pivotal signaling mediators in the activation of the Akt-mTOR signaling pathway by BDNF-TrkB. This study reveals that *Gai1/3* plays a crucial role as signaling mediators of the Syn3-enhancement of BDNF signaling. Syn3 treatment facilitated BDNF-induced formation of the TrkB-PSD95-*Gai1/3* complex, a pivotal step for initiating downstream Akt-mTOR signaling activation. Silencing of PSD95 inhibited the Syn3 facilitation of Akt-mTOR signaling following BDNF stimulation, underscoring

flat-mounted retinal GCL showing NeuN-/ β 3-tubulin-positive RGCs were presented and the number of RGCs was recorded (F and G). β 3-Tubulin/DAPI fluorescence staining in the retinal slides was also shown and β 3-tubulin fluorescence intensity was quantified (H and I). Expression of β 3-tubulin and Thy-1 in retinal tissue lysates was tested by Western blot assays (J). The visual evoked potential (VEP) P100 amplitude was also recorded (F). DR mice were intravitreally injected with Syn3 (5 pmol), or plus MK-2205 (20 pmol)/K252a (2 pmol) twice (M); 10 weeks after the last streptozotocin (STZ) administration, NeuN/DAPI fluorescence staining in the retinal slides was carried out and the number of NeuN-positive nuclei in GCL was quantified (N). The retinal slides were also subjected to β 3-tubulin/DAPI fluorescence staining, and β 3-tubulin fluorescence intensity in GCL was quantified (O). Retinal tissues were collected and expression of listed proteins was shown (P). Data were presented as mean \pm standard deviation (SD). $n = 9$ mice per group (B-I, K). $n = 6$ mice per group (J). $n = 7$ mice per group (N and O). ** $P < 0.01$; *** $P < 0.001$. Scale bar = 100 μm . ONL, outer nuclear layer; INL, inner nuclear layer; IPL, inner plexiform layer.

the dependence of Syn3-enhanced BDNF signaling on PSD95. Similarly, *Gai1/3* gene silencing or DN mutations substantially inhibited downstream Akt-mTOR activation and suppressed the neuroprotective efficacy of Syn3. Conversely, overexpression of *Gai1/3* enhanced the activation of the downstream signaling pathways induced by Syn3 + BDNF. *In vivo*, neuronal silencing of *Gai1/3* significantly inhibited Akt-mTOR activation and reduced the number of RGCs. Notably, treatment with Syn3 did not increase Akt-mTOR activation or the number of RGCs within *Gai1/3*-nDKD mice. In the DR model mice, neuronal overexpression of *Gai1/3* in RGCs enhanced Akt-mTOR activation and mitigated damage to RGCs. These results confirm the essential role of *Gai1/3* in Syn3-facilitated Akt-mTOR activation and associated neuroprotective effects.

This study shows the potential benefits of BDNF-enhancing compounds in mitigating diabetic retinal neurodegeneration. Our most promising compound, Syn3, exhibits high affinity and specificity for binding to the PDZ3 domain of PSD95. PDZ3 binding enhances the formation a TrkB-PSD95-*Gai1/3* complex in RGCs to enhance BDNF downstream signaling, thereby promoting survival. Our findings demonstrate that the development of drugs targeting the TrkB-PSD95-*Gai1/3* pathway offers a promising therapeutic approach for various conditions involving retinal neurodegeneration.

Supplementary information

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Footnotes

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All authors conceived, designed, and supervised the study. All authors collected samples, performed experiments and analyzed the data, and were involved in drafting the article and revising it critically for important intellectual content. The authors declare on conflict of interest.

This study was approved by the Ethics Committee of Soochow University. All institutional and national guidelines for the care were carefully followed. All the

authors agreed to participate in this paper and publish this manuscript.

All data generated or analyzed during this study are included in this published article (and its [Supplementary information file](#)).

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