

REVIEW

# MiR-122 in hepatic function and liver diseases

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## ABSTRACT

As the most abundant liver-specific microRNA, miR-122 is involved in various physiological processes in hepatic function as well as in liver pathology. There is now compelling evidence that miR-122, as a regulator of gene networks and pathways in hepatocytes, plays a central role in diverse aspects of hepatic function and in the progress of liver diseases. This liver-enriched transcription factors-regulated miRNA promotes differentiation of hepatocytes and regulates lipid metabolism. With regard to liver diseases, miR-122 was shown to stimulate hepatitis C virus (HCV) replication through a unique and unusual interaction with two binding sites in the 5'-UTR of HCV genome to mediate the stability of the viral RNA, whereas inhibit the expression and replication of hepatitis B virus (HBV) by a miR-122-cylin G1/p53-HBV enhancer regulatory pathway. In addition, miR-122 acts as a suppressor of cell proliferation and malignant transformation of hepatocytes with remarkable tumor inhibition activity. Notably, a clinical trial targeting miR-122 with the anti-miR-122 oligonucleotides miravirsin, the first miRNA targeted drug, has been initiated for treatment of HCV infection. With further understanding of the comprehensive roles of miR-122 in hepatic functions and the mechanisms involved in miR-122 down-regulation in chronic hepatitis or hepatocellular carcinoma, miR-122 appears to be a promising candidate for effective therapeutic approaches against tumor and infectious diseases.

**KEYWORDS** miR-122, liver development, lipid metabolism, hepatitis C virus (HCV), hepatitis B virus (HBV), hepatocellular carcinoma (HCC)

## INTRODUCTION

Since the discovery of microRNA (miRNA) lin-4 in *Caenor-*

*habditis elegans*, especially the subsequent identification of another miRNA let-7 as a new posttranscriptional regulator of gene expression more than a decade ago (Fire et al., 1998; Reinhart et al., 2000), the small non-coding RNA known as miRNA has been extensively studied in plants, animals and human beings. miRNAs are a large class of small non-coding and double-stranded RNA molecules of approximately 22 nucleotides in length. Full-length miRNAs are transcribed by RNA polymerase II, which are called pri-miRNAs (hairpin precursors). These pri-miRNAs are processed by Drosha within the nuclear compartment to produce pre-miRNAs (hairpins) of about 65 nucleotides in length, which are transported into the cytoplasm and further cleaved by Dicer to produce their mature form miRNAs of approximately 22 nucleotides in length (Lindsay, 2008; Newman and Hammond, 2010). Mature miRNA duplexes are loaded onto the RNA-induced silencing complex (RISC) which consists of a member of the double-stranded RNA binding protein argonaute family (Ago). Using the guide strand of the miRNA, the RISC recognizes and interacts with conserved complementary target sites in target mRNAs (often in the 3'-UTR) through canonical base-pairing between the seed region of nucleotides about 6-8mer, and induces their translational repression, deadenylation and degradation (Miyoshi et al., 2009; Rusca and Monticelli, 2011).

So far, more than 1500 human miRNAs (has-mir) and 700 mouse miRNAs (mmu-mir) have been identified and described at the miRBase website (<http://www.mirbase.org>, released in Jan 2012). As most miRNAs guide the recognition of imperfect matches of target mRNAs and regulate their expression at posttranscriptional levels, individual miRNAs have multiple or even up to tens of mRNA targets, indicating that miRNAs may have a similar role to transcription factors (Lewis et al., 2005). Indeed, it is estimated that more than one third of human protein-coding genes are subjected to modulation by miRNAs (Sage et al., 2011). In addition, miRNA expression profiling studies revealed that these tiny gene

expression regulators exhibit limited developmental stage-, tissue or cell type-, and disease-specific patterns, although some miRNAs are widely expressed (Carissimi et al., 2009). In conditional Dicer knockout mice which provide a model to determine miRNA function, miRNAs have been shown to be involved in various physiological processes, including development (Murchison et al., 2007), immunity (Belver et al., 2010), differentiation (Zhang et al., 2010) and homeostasis (Zhou et al., 2008). Moreover, recent studies have provided compelling evidence that deregulation of miRNAs has resulted in human diseases, such as autoimmune diseases and cancer (Starczynowski et al., 2010; Kasinski and Slack, 2011; Luo et al., 2011).

In this study we focus on recent advance in the study of the most abundant liver-specific microRNA miR-122 in hepatic function and liver pathology, as miR-122 is a typical example showing how a single miRNA mediates the expression of multiple target genes, the signaling pathways and regulatory networks.

### MIR-122 IN LIVER DEVELOPMENT

It is well documented that vertebrate miR-122 is a liver-specific miRNA which is expressed almost solely in hepatocytes at above 50,000 copies per cell (Filipowicz and Grosshans, 2011), although a recent study has shown that miR-122 is also present in human skin fibroblasts, the stability or activity of which may be controlled by the noncanonical poly(A) polymerase Gld2 (Burns et al., 2011). As a liver-specific miRNA, miR-122 reaches approximately 70% of the total miRNA population in the adult liver, and notably, its expression is sharply up-regulated in both mouse and human liver during embryonic development (Girard et al., 2008). These observations suggest that miR-122 may play an essential role in the regulation of hepatocyte differentiation and liver development. Direct evidence that miR-122 might be involved in liver development was first provided by Xu et al. (2010), who showed in mice that four liver-enriched transcription factors including hepatocyte nuclear factor (HNF) 1 $\alpha$ , HNF3 $\beta$ , HNF4 $\alpha$  and CCAAT/enhancer-binding protein (C/EBP) $\alpha$  bind to miR-122 promoter and activate miR-122 expression. The increase of miR-122 leads to down-regulation of its target CUTL1, a transcriptional repressor of genes specifying terminal differentiation in hepatocytes, thereby contributing to differentiation of hepatocytes (Xu et al., 2010). A subsequent study further showed that as transcriptional stimulators, HNF6 and its paralog Onecut2 promote the expression of miR-122 which is required for proper progression of hepatocyte differentiation. Significantly, miR-122 was also found to stimulate HNF6 expression. Thus miR-122 and HNF6 establish a positive feedback loop involved in directing hepatocyte differentiation and liver development (Laudadio et al., 2012). Together, the most abundant liver-specific microRNA miR-122, and liver-enriched transcription factors

such as HNFs, have an integral role in liver development and function.

### MIR-122 IN LIPID METABOLISM

Historically, miR-122 is the first miRNA identified to regulate lipid metabolism (Filipowicz and Grosshans, 2011). Due to its location and abundance in the liver, miR-122 is proposed to be directly involved in cholesterol accumulation and fatty acid metabolism. There are a number of mouse models and nonhuman primates that have been studied to silence miR-122. With antisense strategies, miR-122 sequestration by its antagomir leads to decreased cholesterol levels and low density lipoprotein (LDL) and high density lipoprotein (HDL) fractions both in the liver and blood, and decreases liver fat accumulation in the liver (Krützfeldt et al., 2005; Esau et al., 2006; Elmén et al., 2008a, b; Esau, 2008). Notably, the silencing of miR-122 by antisense targeting in high-fat fed mice has been shown to lead to long-lasting reduction of hepatic steatosis with decreased cholesterol synthesis rates and enhanced hepatic fatty-acid oxidation, making miR-122 a potential target for the treatment of dyslipidemias.

Despite these achievements in studies of miR-122-mediated lipid metabolism, the molecular mechanisms underlying miR-122-regulated cholesterol biosynthesis remain elusive and still await further investigation (Moore et al., 2010). As now no direct gene targets of miR-122 have been identified which are involved in cholesterol metabolism, it is possible that miR-122 acts indirectly. Nevertheless, Norman and Sarnow (2010) proposed that miR-122 may regulate an inhibitor of the mevalonate pathway which functions to synthesize cholesterol and isoprenoid intermediates. Furthermore, several genes, which are involved in fatty acid synthesis and oxidation, have been shown to be subjected to regulation by miR-122 (Moore et al., 2010). More studies are needed to understand the mechanisms of gp96 in the regulation of lipid metabolism, as well as to address the clinical relevance of miR-122 and its role in disorders of lipid metabolism by comprehensive miR-122 profiling and functional analysis.

### MIR-122 IN HCV INFECTION

The role of miR-122 in controlling HCV (hepatitis C virus) infection, including its stimulation of the replication and expression of HCV in an unusual manner, represents a major effort in this field. Around 180 million people worldwide are chronically infected with HCV, a strictly hepatotropic positive-sense RNA virus which causes fatal liver diseases. According to phylogenetic analyses, HCV is currently classified into seven major genotypes and numerous subtypes. The HCV genome is around 9.6 kb in length, comprising a single ORF flanked by 5'- and 3'-UTRs (Filipowicz and Grosshans, 2011). Currently, there is no vaccine yet for hepatitis C, and chronic hepatitis C (CHC) is a disease that has a huge impact

on global public health, as it is correlated with a significantly increased risk for the development of cirrhosis and hepatocellular carcinoma (HCC).

Viruses that cause chronic infection, including HCV, are notorious for their ability to evade host defense and usurp cellular pathways for the establishment of persistent infection. The first indication that miR-122 is involved in regulating HCV RNA abundance came from Jopling and colleagues (2005) that miR-122 is likely to facilitate viral RNA replication. They found two miR-122 binding sites in viral mRNA, which are located within the 5'-noncoding region (NCR), only 21 nt from the 5' end of the viral genome, and within the 3'-NCR, respectively. Their further study showed that sequestration of miR-122 leads to a marked loss of replicating viral RNAs, and simultaneous recognition of the binding site within 5'-NCR by miR-122 is required for miR-122-induced viral RNA accumulation, suggesting that miR-122 is likely to facilitate viral RNA replication through interaction with viral 5'-NCR. Since then a large number of impressive experiments have been performed primarily on structure and functional analyses that support that the interaction between miR-122 and viral 5' NCR is essential to promote HCV replication. Chang et al. (2008) showed that miR-122 could also enhance HCV replication in nonhepatic human embryonic kidney epithelial cells (HEK-293). Interestingly, expression of miR-122 has been shown to endow the ability of supporting efficient HCV RNA replication and infectious virion production in HepG2 cells (Narbus et al., 2011). Henke et al. (2008) further uncovered a unique interaction of miR-122 with two binding sites in the 5'-UTR of the viral genome, which stimulates HCV translation by enhancing the association of ribosomes with the viral RNA. Structure analysis demonstrated that miR-122 triggers an open conformation of the HCV internal ribosome entry site (IRES), which may facilitate HCV translation (Díaz-Toledano et al., 2009). Adding to the complexity of miR-122 regulatory role in HCV replication, it is also suggested that besides binding to both sites of viral 5'-UTR, miR-122 is likely to affect viral replication at an additional step in the HCV life cycle through comparison of the replication capacities of the double-binding-site mutant and an IRES mutant strain (Jangra et al., 2010). Furthermore, the viral 5'-UTR secondary structure in the presence of miR-122 has been recently resolved, showing that almost all nucleotides in miR-122 are involved in binding to the second site (Pang et al., 2012). Finally, Ago2 was also shown to associate with miR-122-HCV 5'-UTR complex, and the RISC-like complex mediates the stability of HCV RNA and protects the viral genome from 5' exonuclease digestion by host mRNA decay machinery (Shimakami et al., 2012). In this context, the miR-122/RISC complex would therefore act in an unusual way to stabilize viral RNA and decrease its decay, rather than to induce its degradation as most miRNAs do, expanding the knowledge of how miRNAs modulate gene expression in multiple ways.

Somewhat differently from the mechanism mentioned

above, a study performed in cell experiment showed that silencing of miR-122 with antagomir decreases HCV RNA abundance whereas transfection of miR-122 mimics increases HCV level. In the meantime, antagomir of miR-122 also up-regulates Heme oxygenase-1 (HO-1) probably via decreasing its transcription repressor Bach1, and HO-1 significantly inhibits HCV replication (Shan et al., 2007). These data suggest that miR-122 promotes HCV replication partly via down-regulation of HO-1. In addition, miR-122 was also shown to be regulated by IFN $\beta$  (Pedersen et al., 2007). In particular, IFN $\beta$ -induced reduction of miR-122 may contribute to IFN $\beta$ -mediated inhibition of HCV as miR-122 is required for efficient HCV replication, supporting the notion that through the interferon system, the host may use cellular miRNAs against viral infections.

The demonstration from the extensive experiments mentioned above that miR-122 is essential for efficient HCV replication provides the potential of targeting miR-122 as an effective strategy to either limit HCV infection or prevent CHC-induced HCC. Indeed, recently Lanford and colleagues (2010) reported that miR-122 silencing in chronically HCV infected chimpanzees using a locked nucleic acid (LNA)-modified phosphorothioate oligonucleotide complementary to the 5' end of miR-122 leads to potent and sustained inhibition of HCV replication. Antagomir of miR-122 decreases free miR-122 levels in the liver by more than 300 fold determined by real-time PCR, and accordingly results in a maximum decrease of 2.6 and 2.3 orders of magnitude in HCV RNA levels in the serum and the liver, respectively. Moreover, elevated alanine aminotransferase (ALT) is reduced to normal levels during therapy, which may be due to reduction of viral loads. Notably, no apparent viral resistance was observed during treatment with the miR-122 antagomir, as shown by the lack of adaptive mutations in the two miR-122 seed sites of viral 5'-UTR. Finally, the authors provided convincing evidence of the feasibility and safety of the miR-122 antagomir in the nonhuman primate model.

The conclusions from these elegant studies above would be expected to be confirmed by experiments in humans. However, several unanswered questions remain. For instance, there are insufficient data to determine if miR-122 plays a role in patients with CHC and whether miR-122 is an ideal target for HCV therapy. Since miR-122 plays an essential role in HCV replication, the experimental data and mouse and primate models predict that CHC patients with lower levels of miR-122 should have a higher responding rate to IFN therapy, which is an important first-line treatment option for HCV infection. However, this is not the case. By detection of miR-122 levels in livers of 42 CHC subjects by real-time PCR, Sarasin-Filipowicz et al. (2009) observed that miR-122 levels are significantly lower in subjects with primary nonresponders (PNR) to pegIFN- $\alpha$  therapy than those with complete early virological responders (cEVR). In addition, miR-122 levels were shown to be negatively correlated with

the expression of IRGs, indicating that CHC subjects with PNR have both lower pretreatment miR-122 levels and higher IRG levels. Another puzzling feature is that hepatic miR-122 expression in CHC patients was shown unrelated with the hepatic HCV load, and was inversely correlated with the severity of functional and histopathological liver damage (Morita et al., 2011). This paper therefore states that miR-122 by itself is not a critical molecular target for HCV therapy. Taken together, there are insufficient clinical data to validate miR-122 as a new targeting approach for CHC therapy. More studies are needed to understand the regulatory role of miR-122 in various states of HCV infection and its use as a targeted molecule for the development of novel molecular-targeted therapies of hepatitis C.

### MIR-122 IN HBV INFECTION

HBV, another main hepatotropic DNA virus, causes chronic infection in about 350 million people worldwide. Chronic hepatitis B (CHB) is caused by HBV infection which has a huge impact on global public health as it is correlated with a significantly increased risk for the development of cirrhosis, liver failure and HCC. However, until now the mechanisms for viral evasion of host defense and pathogenesis of HBV infection are still unclear. Information regarding the balance between viral parameters and host defense factors is essential to understand the molecular basis for viral pathogenesis, which may facilitate the development of novel targeted agents with improved therapeutic efficiencies.

In contrast to the extensive studies on the biological functions of miR-122 in HCV infection, presently only a few studies have addressed this issue in HBV infection. Given the important roles of miR-122 in hepatic function and liver pathology, we examined whether miR-122 affects HBV expression and replication. We found that transfection of a miR-122 mimic inhibits HBV expression, whereas antisense inhibition of miR-122 leads to increased HBV production in transfected cells. The result indicates that in contrast to HCV, the most abundant liver-specific miRNA miR-122 actually inhibits replication of the hepatotropic virus HBV, suggesting that therapies that increase miR-122 may be an effective strategy to limit HBV replication. Further study showed that down-regulation of HO-1 by miR-122 plays a negative role in miR-122-mediated inhibition of viral expression. Several lines of evidence also confirmed the inhibition effect of miR-122 on HBV (Chen et al., 2007, 2011; Fan et al., 2011). These studies showed that besides acting as a suppressor of cell proliferation and malignant transformation of hepatocytes, miR-122 significantly inhibits HBV expression and replication. Hepatitis B is mainly transmitted through vertical infection at birth or horizontal transmission. The majority of adult patients recover completely from their HBV infection while the others will become chronically infected hepatitis. Several host fac-

tors, including the HLA alleles, IFN and interleukins, have been shown to influence the clinical outcome or disease severity (Kummee et al., 2007; Ramezani et al., 2008; Tan et al., 2008). However, until now factors determining the outcome of HBV infection have not been fully understood. Conceivably, the pronounced inhibitory effect of miR-122 on HBV may shape the virus-host interactions due to the differential expression of miR-122 among healthy individuals.

Based on these earlier studies above mentioned demonstrating miR-122 suppresses HBV expression and replication, we then explored the mechanisms of miR-122-mediated HBV inhibition and searched for miR-122 target mRNAs that might play a role in HBV replication. We identified cyclin G1 as a miR-122 target from multiple candidate target genes which was shown to be involved in the regulation of HBV replication. Overexpression and knockdown studies both showed that cyclin G1 repressed viral replication in HBV transfected cells. Further study revealed that miR-122 down-regulates its target cyclin G1, thus interrupts interaction between cyclin G1 and p53, and enhances p53-mediated inhibition of HBV replication by allowing the specific binding of p53 to HBV enhancer elements and thereby enhancing p53-mediated inhibition of HBV transcription. These results revealed the mechanism of miR-122-mediated HBV suppression by modulation of p53 through the down-regulation of cyclin G1 or/and promotion of p53 activity through direct or indirect binding to cyclin G1 (Wang et al., 2012).

An intriguing question arises from the above studies is why the hepatotropic virus HBV seems to live in the liver "happily" while the highly expressed and basically liver-specific miR-122 actually suppresses its expression and replication. Our preliminary observation showed that miR-122 expression in the liver is significantly decreased in patients with HBV infection compared with healthy controls, and the miR-122 levels are negatively associated with intrahepatic viral loads in CHB (Wang et al., 2012). We therefore speculate that under chronic HBV infection the virus may interact with its host hepatocytes to facilitate its replication and pathogenesis by down-regulation of miR-122. This may help to understand how HBV has evolved strategies to establish conditions favoring viral replication and persistence. It is also worthwhile to explore the mechanisms involved in miR-122 down-regulation by HBV infection. Until now few studies have addressed this issue. Pedersen et al. (2007) have shown that IFNs, which are usually up-regulated in CHB, lead to a significant decrease in the expression of miR-122 both *in vitro* and *in vivo*. We also observed a marked decrease (about 50% at maximum) of the expression of miR-122 under IFN- $\alpha$  treatment in Huh-7 cells. Since the expression of miR-122 has been shown to be transcriptionally regulated by liver-enriched transcription factors (Xu et al., 2010), analysis of the regulation of miR-122 expression by these transcriptional factors is needed.

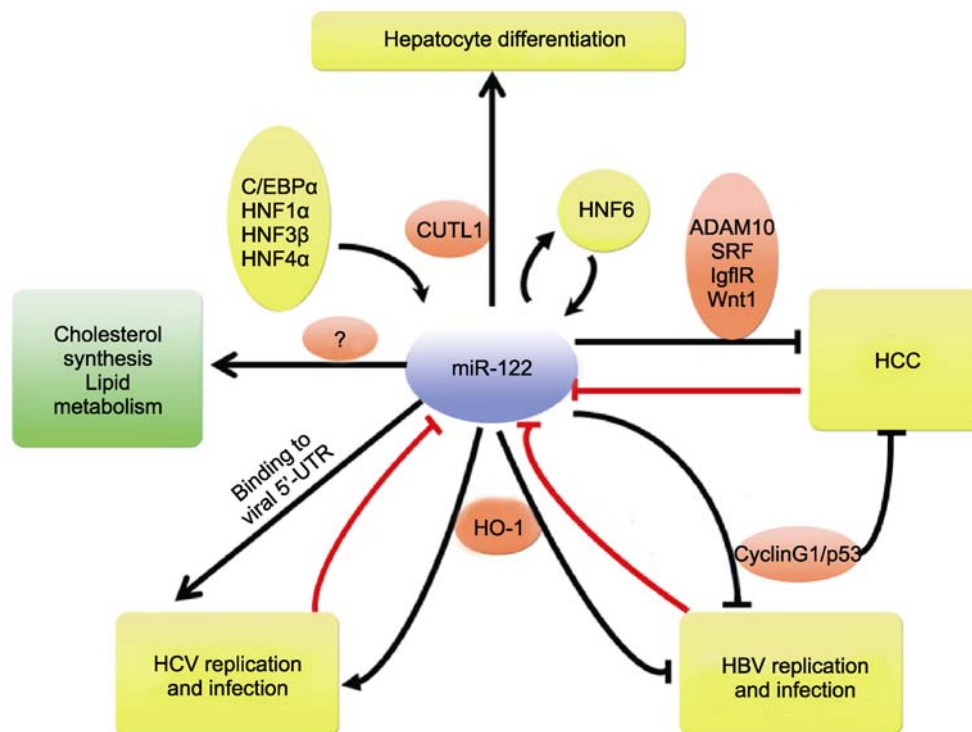
MIR-122 IN HCC

There is growing literature on biological and clinical significance of miR-122 in the development of HCC. Using a genome-wide expression profiling approach, Burchard et al (2010) have recently shown decreased miR-122 expression and increased miR-122 predicted target genes in tumor tissues compared with nontumor tissues from HCC, which may possibly lead to impairment of mitochondrial metabolism. Loss of miR-122 expression in HCC, which is associated with poor prognosis and metastasis, has been confirmed by several other studies (Coulouarn et al., 2009; Bai et al., 2009; Zeng et al., 2010; Mizuguchi et al., 2011; Karakatsanis et al., 2011). In these studies, miR-122 is shown to be involved in cell proliferation, apoptosis, clonogenic survival, migration, *in vivo* invasion, and tumor formation in nude mice. Loss of miR-122 facilitates cell tumorigenic properties such as cell migration and invasion, and restoration of miR-122 reverses this phenotype. Currently, several target genes of miR-122 have been identified to be involved in hepatocarcinogenesis, such as ADAM10 (a disintegrin and metalloprotease family 10), serum response factor (SRF) (Bai et al., 2009), insulin-like growth factor 1 receptor (Igf1R) (Zeng et al., 2010), cyclin G1 (Fornari et al., 2009), and Wnt1 (Xu et al., 2012). In

addition, overexpression and restoration of miR-122 in HCC cells has been shown to sensitize HCC cells to chemotherapeutic agents (Bai et al., 2009; Xu et al., 2011; Yang et al., 2011). Owing to its remarkable tumor inhibitory activity, increasing miR-122 levels may be a promising strategy for HCC treatment (Ma et al., 2010).

CONCLUSION AND OUTLOOK

Since its discovery in 2002, miR-122 as the highly expressed and liver-specific microRNA, has been extensively studied concerning its biological functions and clinical significance. Figure 1 illustrates miR-122 as a regulator of gene networks and pathways in hepatocytes. According to this illustration, liver-enriched transcription factors-regulated miR-122 promotes differentiation of hepatocytes, and contributes to hepatic function such as cholesterol synthesis. With regard to liver diseases, miR-122 stimulates HCV replication whereas inhibits replication of HBV, and suppresses hepatocarcinogenesis. Overall, there is now compelling evidence that miR-122 is involved in diverse aspects of hepatic function and modulation of its activity might ultimately provide a novel therapeutic approach in the treatment of hepatitis B and C, as well as HCC.



**Figure 1. Role of miR-122 in the regulation of hepatic function and liver diseases.** The illustration summarizes the current understanding of the network of interactions between miR-122, transcription factors (yellow circles) and its target genes (red circles) for regulation of hepatocyte differentiation, lipid metabolism, HBV and HCV replication, and the development of HCC. Stimulation (↑) or inhibition (↓) is determined following how miR-122 impacts on the indicated biological responses (green circles) and how these biological responses could in turn influence miR-122 expression (indication in red).

The finding that miR-122 silencing by anti-miR-122 oligonucleotides leads to potent and sustained inhibition of HCV replication may have important implications for HCV therapy. Indeed, a clinical trial of targeting miR-122 with miravirsin (SPC3649) utilizing LNA drug platform, the first miRNA targeted drug, has been initiated for treatment of HCV infection (<http://www.santaris.com>). Data from the Phase 2a clinical study showed that miravirsin treatment is well tolerated, and reduces HCV RNA levels to undetectable levels in patients with HCV, validating its promising potential for CHC therapy. As miR-122 also plays essential roles in hepatic functions as well as in liver diseases including CHB and HCC, it will be important to take into consideration the unique features of miR-122 when treating CHC with the miR-122 inhibitors in the long run.

Dramatic decrease of miR-122 levels in the liver has been observed in both CHB and HCC, and loss of miR-122 has been suggested to contribute to persistence of viral infection and hepatocarcinogenesis. Conceivably, the activities of miR-122 may be one of the contributing reasons why it has been so difficult to design effective therapies for CHB and HCC. Mechanistic studies are urgently needed to explore the causes of reduction of miR-122 in CHB and HCC. In addition, given that aberrant expression of miR-122 has been associated with hepatitis B and HCC, it will be important to investigate the potential of increasing the miR-122 level as an effective strategy to either limit HBV infection or prevent the development of HCC.

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## ABBREVIATIONS

ADAM10, a disintegrin and metalloprotease family 10; Ago, argonaute; ALT, alanine aminotransferase; C/EBP, CCAAT/enhancer-binding protein; cEVR, complete early virological responders; CHB, chronic hepatitis B; CHC, chronic hepatitis C; HBV, hepatitis B virus; HCC, hepatocellular carcinoma; HCV, hepatitis C virus; HDL, high-density lipoprotein; HEK, human embryonic kidney; HNF, hepatocyte nuclear factor; HO-1, heme oxygenase-1; IFN $\beta$ , interferon $\beta$ ; Igf1R, insulin-like growth factor 1 receptor; IRES, internal ribosome entry site; IRGs, IFN-regulated genes; LDL, low-density lipoprotein; LNA, locked nucleic acid; miRNA, microRNA; NCR, noncoding region; PNR, primary nonresponders; RISC, RNA-induced silencing complex; SRF, serum response factor; UTR, untranslated regions

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