



surface states protected by the  $\mathcal{M}$  ( $\mathcal{T}$ ) symmetry. Such characteristic enables the separate control of these two topological phases, which is advantageous to design spintronic devices with stable performance. To date, the research of three-dimensional (3D) DTI has made certain progress in both theory and experiment [8–15]. By comparison, only a minority of two-dimensional (2D) DTIs have been proposed, including  $\text{Na}_3\text{Bi}$  [6],  $\text{Na}_2\text{MgPb}$  [7], and  $\text{Na}_2\text{CdSn}$  [7], and they are still confined to theoretical prediction without experimental evidence. It is noteworthy that the TCI phases in these 2D DTIs are all protected by the mirror symmetry  $\mathcal{M}_z$  ( $z \rightarrow -z$ ). In fact, as an alternative mechanism, the glide mirror symmetry also plays a pivotal role in protecting TCI phase [16–19], but it has been scarcely studied in 2D DTI. Therefore, the realization of 2D DTI with protections of  $T$  and glide mirror symmetries is of great interest and importance, which can not only broaden the scope of DTI but also provide excellent candidates for device applications.

As is known to all, the emergence of topological quantum state is closely associated with the spin-orbit coupling (SOC). Bismuth (Bi), as a “heavy” element with sizable SOC, has attracted widespread attention. Many Bi-containing solids have been verified to harbor exotic topological phenomena, such as TI phase [20–23], DTI phase [6, 10, 13–15], and quantum anomalous Hall (QAH) effect [24]. Meanwhile, the Bi(111) and Bi(110) films have been experimentally demonstrated as 2D TIs [25, 26], the so-called quantum spin Hall (QSH) insulators, whose conductive edge states can be detected directly. Due to the distinctive electronic situation, Bi shows very rich crystal chemistry, and a variety of 2D bismuthic films with nontrivial topology are proposed [27–30]. Nevertheless, the DTI phase has not yet been discovered in these reported Bi elemental films. In this work, using first-principles calculations, we predict that the 2D rectangular bismuth (R–Bi) bilayer can realize the long-sought DTI phase. Such topologically nontrivial state is characterized by  $\mathbb{Z}_2$  topological invariant  $\mathbb{Z}_2 = 1$ , mirror Chern number  $C_M = -1$ , and metallic edge states across the bulk band gap. Remarkably, the TCI phase in R–Bi bilayer is protected by horizontal glide mirror symmetries, instead of the conventional mirror symmetry. The tunability of bulk band gap is achievable through vertical electric field and strains. More interestingly, the electric field can drive the R–Bi bilayer to convert between QSH insulator and metal, which allows the rapid switch between spin and charge carriers, and thus a topological field effect transistor (TFET) is proposed based on the R–Bi bilayer. Besides, the TI phase can be preserved when the R–Bi bilayer is deposited on the KBr(110) surface. These results offer a good platform for investigating intriguing topological quantum state and developing innovative spintronic devices.

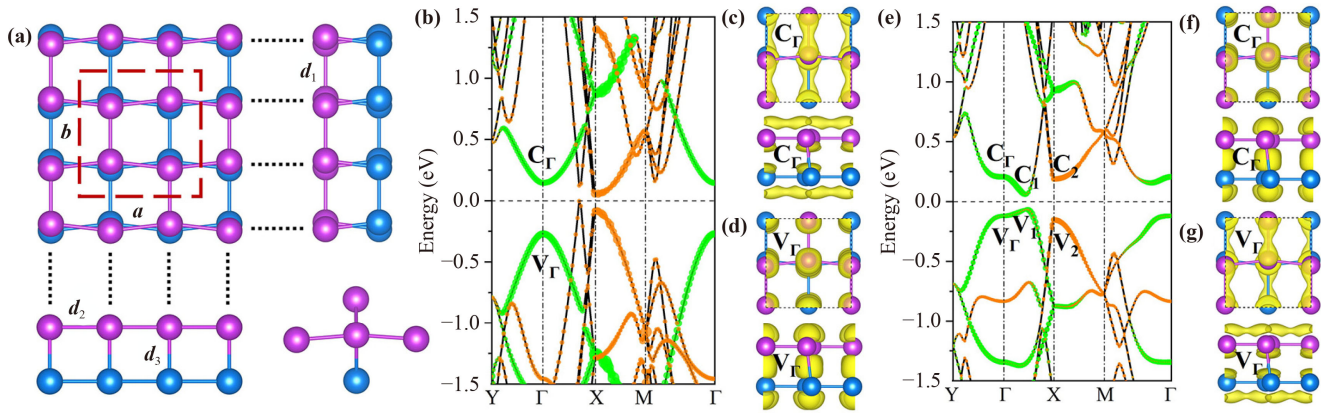
## 2 Computational details

All first-principles calculations were performed using the Vienna *ab initio* simulation package (VASP) [31, 32], which is based on density-functional theory (DFT). The projector-augmented-wave (PAW) method was employed to describe the ionic potential [33]. The exchange–correction interaction was treated by the generalized gradient approximation (GGA) in the form of Perdew–Burke–Ernzerhof (PBE) functional [34, 35]. The lattice parameter and atom position were fully optimized until the force and energy were converged to 0.005 eV/Å and  $10^{-5}$  eV. The energy cutoff of the plane waves was set to 400 eV. A  $11 \times 11 \times 1$   $k$ -point sampling was used for the Brillouin zone integrations, and a vacuum region larger than 20 Å was adapted to avoid the interaction caused by periodic boundary conditions. The van der Waals (vdW) interaction in heterostructure was described by the DFT-D3 method [36, 37]. The *ab initio* molecule dynamic (AIMD) simulation was performed by using a  $3 \times 3 \times 1$  supercell at 300 K. The  $\mathbb{Z}_2$  topological invariant was determined by the evolution of the Wannier center of charges (WCCs) method which was proposed by Soluyanov and Vanderbilt [38, 39], see Note 1 of the Supporting Information (SI). The calculation of  $C_M$  was implemented by the method presented in Note 2 of the SI.

## 3 Results

### 3.1 Geometric structure and stability of R–Bi bilayer

Figure 1(a) presents the top and side views of R–Bi bilayer. The unit cell of R–Bi bilayer consists of eight Bi atoms, exhibiting an orthorhombic lattice with the space group  $Cmma$  (No. 67). There is a relative displacement between two bismuthic layers, and each Bi atom covalently coordinates with four Bi atoms. After structural optimization, the lattice constants  $a$  and  $b$  are found to be 6.59 and 6.89 Å, respectively. Three types of Bi–Bi bond lengths are obtained, i.e.,  $d_1 = 3.07$  Å,  $d_2 = 3.31$  Å, and  $d_3 = 3.01$  Å. The thickness of R–Bi bilayer turns out to be 2.99 Å. To evaluate the structural stability of R–Bi bilayer, the formation energy is firstly calculated based on  $E_f = [E(\text{R–Bi}) - 8\mu(\text{Bi})]/8$ . Here,  $E(\text{R–Bi})$  is the total energy of unit cell, and  $\mu(\text{Bi})$  is the chemical potential of Bi atom obtained from its stable bulk phase. The resultant  $E_f$  is  $-1.12$  eV/atom, which is comparable to those of experimentally fabricated Bi(111) ( $-1.14$  eV/atom) and Bi(110) ( $-1.13$  eV/atom) films, as shown in Fig. S1 of the SI. Furthermore, the thermal stability of bilayer is examined by the AIMD simulation. As can be seen from Fig. S2 that the total energy fluctuates smoothly with increasing time, and neither structural deformation nor phase transformation can be observed during the simula-



**Fig. 1** (a) Top and side views, as well as bonding mode of R–Bi bilayer. The purple and blue balls represent upper and lower Bi atoms, respectively. (b–d) Orbital-resolved band structure without SOC and calculated charge density distributions of  $C_{\Gamma}$  and  $V_{\Gamma}$ . (e, f) Orbital-resolved band structure with SOC and calculated charge density distributions of  $C_{\Gamma}$  and  $V_{\Gamma}$ . The green and orange circles in (b) and (e) indicate  $p_z$  and  $p_{x,y}$  orbitals, respectively.

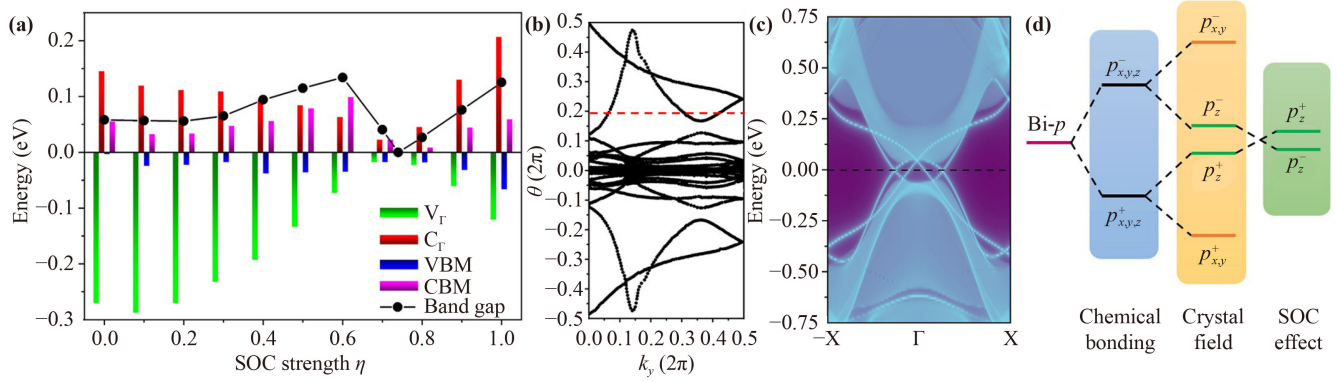
tion, suggesting that such 2D system is thermally stable at room temperature. The above calculations indicate that the R–Bi bilayer is promising to be synthesized and stabilized in experiment.

### 3.2 Electronic and topological properties of R–Bi bilayer

Then the electronic property of R–Bi bilayer is explored. Figure 1(b) displays the orbital-resolved band structure without SOC, in which a semiconducting nature with an indirect band gap of 58.1 meV is obtained for the R–Bi bilayer. The conduction band minimum (CBM) and valence band maximum (VBM), which are dominated by Bi- $p_{x,y}$  orbitals, are located at the X point and the (0.35, 0.00, 0.00) point along the high-symmetry line  $\Gamma$ –X, respectively. While the electronic states near the  $\Gamma$  point are mainly contributed by Bi- $p_z$  orbital. To visualize the  $p_z$  orbital contribution, the charge density distributions of  $C_{\Gamma}$  and  $V_{\Gamma}$  are calculated, as shown in Figs. 1(c) and (d). One can see that the charge densities of  $V_{\Gamma}$  and  $C_{\Gamma}$  are distributed at the interlayer Bi–Bi bonds and the bilayer surface, respectively, revealing the bonding and antibonding states of  $p_z$  orbital. When taking SOC into account, the band structure undergoes a dramatic change, especially for the electronic states nearest to the Fermi level in the vicinity of  $\Gamma$  point, see Fig. 1(e). The semiconductor property of R–Bi bilayer is maintained, but shows a direct band gap of 125.3 meV, with CBM ( $C_1$ ) and VBM ( $V_1$ ) both located along the high-symmetry line  $\Gamma$ –X. Interestingly, the charge density distributions of  $V_{\Gamma}$  and  $C_{\Gamma}$  are contrast to the results without considering SOC, as depicted in Figs. 1(f)–(g). In other word, the bonding and antibonding states of  $p_z$  orbital are inverted at the  $\Gamma$  point due to the SOC effect, suggesting the emergence of band inversion. To understand the change of band structure and such band inversion, evolutions of band structure and energy levels with regard to SOC

strength ( $\eta = \lambda/\lambda_0$ ,  $\lambda$  and  $\lambda_0$  are artificial and actual SOC strength, respectively) are plotted in Fig. S3 and Fig. 2(a), respectively. With increasing  $\eta$ , the continuous shifts of lowermost conduction band and uppermost valence band determined by  $p_z$  orbital near the  $\Gamma$  point can be observed obviously. In addition, along the high-symmetry line  $\Gamma$ –X, two band crossings contributed by  $p_{x,y}$  and  $p_z$  orbitals in valence and conduction bands are gapped, see Fig. S3, and the magnitude of band gap opening is proportional to the  $\eta$ . The change of band structure after considering SOC is resulted from these two phenomena. It should be noted that the other bulk bands shift slightly under the SOC effect. Subsequently, the  $\eta$  dependence of band inversion is analyzed. In Fig. 2(a), as the  $\eta$  is increased from zero, both  $V_{\Gamma}$  and  $C_{\Gamma}$  move towards the Fermi level, while the VBM and CBM exhibit contrary phenomenon, which makes the band gap enlarged until  $\eta = 0.6$ . For the case of  $\eta = 0.7$ , the  $V_{\Gamma}$  and  $C_{\Gamma}$  have become VBM and CBM, respectively. More importantly, the band gap undergoes a process of closing and reopening at the critical point of  $\eta = 0.74$ , implying the occurrence of band inversion and nontrivial topology in R–Bi bilayer.

To determine the topological property of R–Bi bilayer, we straightly calculate the  $\mathbb{Z}_2$  topological invariant. Figure 2(b) displays the evolution of WCCs between two time-reversal invariant momenta, in which arbitrary horizontal reference line crosses it with odd times, indicating  $\mathbb{Z}_2 = 1$ . Besides, the edge states of a semi-infinite lattice constructed by an iterative Green's function method [40, 41] are also calculated based on the maximally localized Wannier functions (MLWFs). As illustrated in Fig. 2(c), three pairs of edge states that connect valence and conduction bands can be captured within the bulk band gap. In view of this, the R–Bi bilayer is an intrinsic QSH insulator. To give insight into the origin of the topological property, the evolution of atomic orbitals



**Fig. 2** (a) Variations of energy levels and band gap as a function of SOC strength  $\eta$  for R–Bi bilayer. (b, c) Calculated WCCs and edge states of R–Bi bilayer. (d) Evolution of atomic orbitals under chemical bonding, crystal field, and SOC effects.

near the  $\Gamma$  point are analyzed under the stages of chemical bonding, crystal field, and SOC effect, see Fig. 2(d). Here, the Bi- $s$  orbital is neglected since the electronic states near the Fermi level are mainly contributed by the Bi- $p$  orbitals. Firstly, the formation of Bi–Bi bond drives the  $p$  orbitals to split into bonding and antibonding states, i.e.,  $p_{x,y,z}^+$  and  $p_{x,y,z}^-$ . Under the effect of crystal field, the  $p$  orbitals would further split into in-plane  $p_{x,y}$  and out-of-plane  $p_z$  orbitals, labeled as  $p_{x,y}^-$ ,  $p_{x,y}^+$ ,  $p_z^-$ , and  $p_z^+$ , in which the  $p_z^-$  is located above the  $p_z^+$ . When SOC is considered, the band inversion between  $p_z^-$  and  $p_z^+$  is generated near the Fermi level. Consequently, the topologically nontrivial phase in R–Bi bilayer is attributed to the joint action of crystal field and SOC effect.

Next, the  $\eta$ -dependent edge states of R–Bi bilayer are investigated, as shown in Fig. S4. For cases of  $\eta = 0.3$  and  $\eta = 0.6$ , although the band inversion is absent, there are two pairs of edge states across the bulk band gap. The Fermi level crosses two times for the edge states between  $-X$  and  $\Gamma$  points. These even numbers of crossings indicate that the QSH phase has yet to arise. When the  $\eta$  is equal to 0.9, another pair of edge states is emerged in the middle. In this context, odd numbers of intersections between Fermi level and edge states are produced, revealing that the R–Bi bilayer harbors QSH effect. It is remarkable that the preexisting two pairs of edge states are mirror symmetric with respect to the  $\Gamma$  point, which is very similar to the characteristic of edge states of TCI. The  $C_M$  of R–Bi bilayer is therefore calculated and the result shows  $C_M = -1$ , evidencing that the R–Bi bilayer also has the TCI phase. Considering the established TI phase, the R–Bi bilayer belongs to a typical 2D DTI. In terms of the edge states, the pair in the middle is contributed by the QSH effect, while the two pairs located on both sides are yielded by the TCI phase. Additionally, the obtained  $C_M$  for R–Bi bilayer is distinctly different from that in previous reported 2D TCIs ( $C_M = -2$ ) [42–44]. As mentioned above, the TCI phase in a 2D DTI is generally protected by the mirror

symmetry  $M_z$ . For R–Bi bilayer, the space group  $Cmma$  totally contains six mirror symmetry operations, i.e., two vertical mirror symmetries  $M_x$  and  $M_y$ , two vertical glide mirror symmetries  $\mathcal{G}_x$  and  $\mathcal{G}_y$ , and two horizontal glide mirror symmetries  $\mathcal{G}_z^a$  ( $\{M_z | \frac{1}{2} 0\}$ ) and  $\mathcal{G}_z^b$  ( $\{M_z | 0 \frac{1}{2}\}$ ), see Figs. S5(a) and (b). It is notable that the  $M_z$  is absent intrinsically. Thereby, the TCI phase in R–Bi bilayer is most probably protected by  $\mathcal{G}_z^a$  and  $\mathcal{G}_z^b$ , since they are the only ones that have the horizontal mirror operation. To verify this hypothesis, two horizontal glide mirror symmetry breaking operations are implemented by artificially driving two Bi atoms to deviate from their equilibrium positions, as shown in Figs. S5(c)–(h). When only the  $\mathcal{G}_z^a$  is broken, the edge states along the  $a$  direction contributed by the TCI phase have been preserved intactly, whereas the edge states along the  $b$  direction are separated by a band gap, see Figs. S5(c)–(e). On the other hand, for the breaking of  $\mathcal{G}_z^b$ , the edge states along the  $a$  direction are disconnected with valence and conduction bands although they are existent inside of the bulk band gap, while the edge states along the  $b$  direction are immune to such symmetry breaking, as depicted in Figs. S5(f)–(h). Thus, the TCI phase in R–Bi bilayer is jointly protected by  $\mathcal{G}_z^a$  and  $\mathcal{G}_z^b$ , which are responsible for edge states of different boundaries, respectively. Beyond that, the edge states derived from the QSH effect are maintained, which indicates that the TI phase is robust against the structural perturbation. The dual topological character provides more opportunities for R–Bi bilayer to be utilized in spintronic devices.

### 3.3 Effect of vertical electric field on R–Bi bilayer

In consideration of the band inversion between  $p_z^-$  and  $p_z^+$ , it is possible to manipulate the electronic and topological properties of R–Bi bilayer *via* external electric field. When a downward vertical electric field ( $E_\perp$ ) is applied, it is found that the degeneracy of energy band is lifted

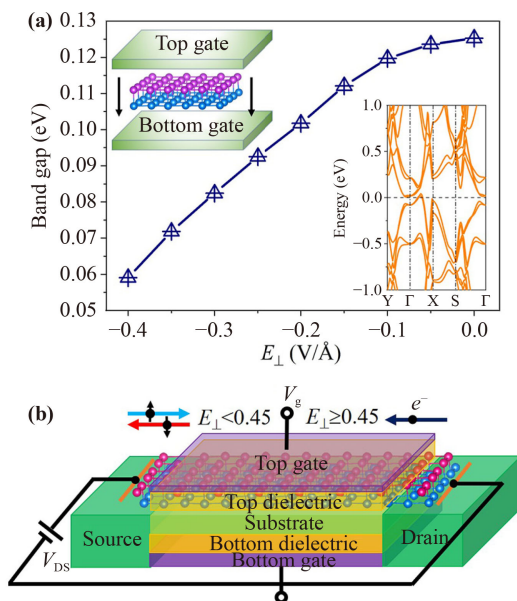
because of the breaking of inversion symmetry, as shown in Fig. S6, and the magnitude of band splitting is proportional to the intensity of  $E_{\perp}$ . Under this circumstance, both VBM and CBM move close to the Fermi level with the increase of  $E_{\perp}$ , which leads to the continuous decrease of band gap, see Fig. 3(a). To understand such phenomenon, charge density distributions of CBM and VBM for the bilayer under the  $E_{\perp}$  of  $-0.1$  and  $-0.3$  V/Å are plotted further, as depicted in Fig. S6. The result shows that the enhancement of  $E_{\perp}$  makes the charge density of CBM more distributed in the interlayer Bi–Bi bonds, so the bonding state is strengthened and moves to low energy region, featured with the downshift of CBM. Similarly, the charge density distribution of VBM is boosted on the bilayer surface with increasing  $E_{\perp}$ , which results in a stronger antibonding state, and thus the VBM moves to high energy area. Figure S7 presents the corresponding edge states, in which the edge states arisen from the QSH effect are survived, but the edge states dominated by the TCI phase are gapped. It further demonstrates that the TCI phase is protected by  $\mathcal{G}_z^a$  and  $\mathcal{G}_z^b$ , rather than  $\mathcal{M}_x$ ,  $\mathcal{M}_y$ ,  $\mathcal{G}_x$ , and  $\mathcal{G}_y$ , because among these mirror symmetry operations, only  $\mathcal{G}_z^a$  and  $\mathcal{G}_z^b$  can be broken by  $E_{\perp}$ . When the  $E_{\perp}$  exceeds  $0.45$  V/Å, energy bands are intersected with the Fermi level, giving rise to electron and hole doping, see the inset in Fig. 3(a). In this instance, the R–Bi bilayer exhibits a metallic nature, and the bulk state becomes conductive, accompanied by the annihilation of dissipationless edge states. Additionally, it is necessary to point out that the above-mentioned phenomena can also be

observed by the application of upward  $E_{\perp}$  as a result of the inversion symmetry in R–Bi bilayer.

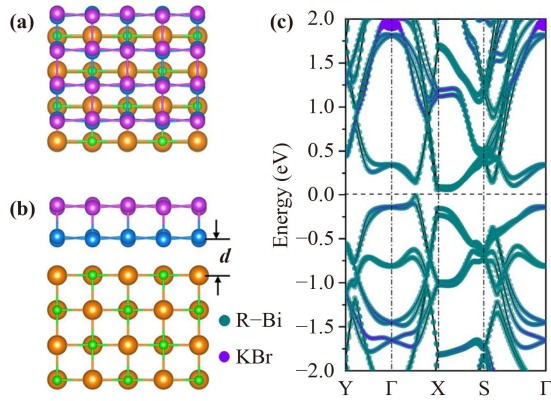
The electric-field-induced phase transition between QSH insulator and metal offers a possibility to achieve electrical control of spin and charge currents for R–Bi bilayer, which is very attractive for the application in TFET. Here, a dual gated TFET based on a vdW heterostructure composed of R–Bi bilayer and wide gap insulator is proposed, and the device prototype is sketched in Fig. 3(b). The top and bottom gates would provide a vertical electric field to achieve the on/off function. The MgO crystal can be adopted as the dielectric layer due to its sizable band gap and dielectric permittivity [45, 46]. Considering the relationship between critical electric field of phase transition and breakdown field of dielectric layer, the thickness of MgO layer should be at least 10 nm. When the intensity of electric field is below  $0.45$  V/Å, net spin currents are produced at the edges of channel layer, whereas the insulating bulk state makes charge current blocked. At this point, the spin (charge) current shows the “on (off)” state. As the electric field is larger than  $0.45$  V/Å, the edge states would be switched off and substituted by the charge current flowing through the entire R–Bi bilayer, implying that the charge (spin) current is switched to “on (off)” state. Compared with traditional FET, the proposed TFET shows great technical advantages, e.g., superior resistor-capacitor response time and dissipationless edge transport property.

### 3.4 vdW heterostructure constructed by R–Bi bilayer and KBr(110) surface

For TFET fabrication, it is also important to search for a suitable substrate to support the R–Bi bilayer since the topological property of film is generally annihilated by the strong hybridization between substrate and film, such as stanene and Bi (111) on  $\text{Bi}_2\text{Te}_3$  [47–49]. Here, the KBr(110) surface is employed to construct vdW heterostructure with the R–Bi bilayer. The lattice mismatches along  $a$  and  $b$  directions are 1.68% and 2.77%, respectively. Figures 4(a) and (b) display the structural schematic diagram of vdW heterostructure. The interlayer distance is found to be  $3.36$  Å, and the binding energy is calculated to be  $-128.7$  meV/Å<sup>2</sup>, suggesting that the interaction between bilayer and substrate belongs to the typical vdW interaction. The SOC band structure of heterostructure is shown in Fig. 4(c), in which the electronic states near the Fermi level are primarily derived from the R–Bi bilayer. More remarkably, the characteristic of band inversion for the bilayer is preserved, and the band gap is enhanced to  $148.1$  meV due to the proximity effect. The topological nature of R–Bi bilayer in heterostructure is further checked by the edge state calculation, see Fig. S8. Owing to the substrate-induced breakings of  $\mathcal{G}_z^a$  and  $\mathcal{G}_z^b$ ,



**Fig. 3** (a) Variation of band gap as a function of  $E_{\perp}$  for R–Bi bilayer. The upper and lower insets are schematic diagram of electric field applied to bilayer and SOC band structure of bilayer under the  $E_{\perp}$  of  $-0.45$  V/Å, respectively. (b) Prototype of designed TFET based on R–Bi bilayer.



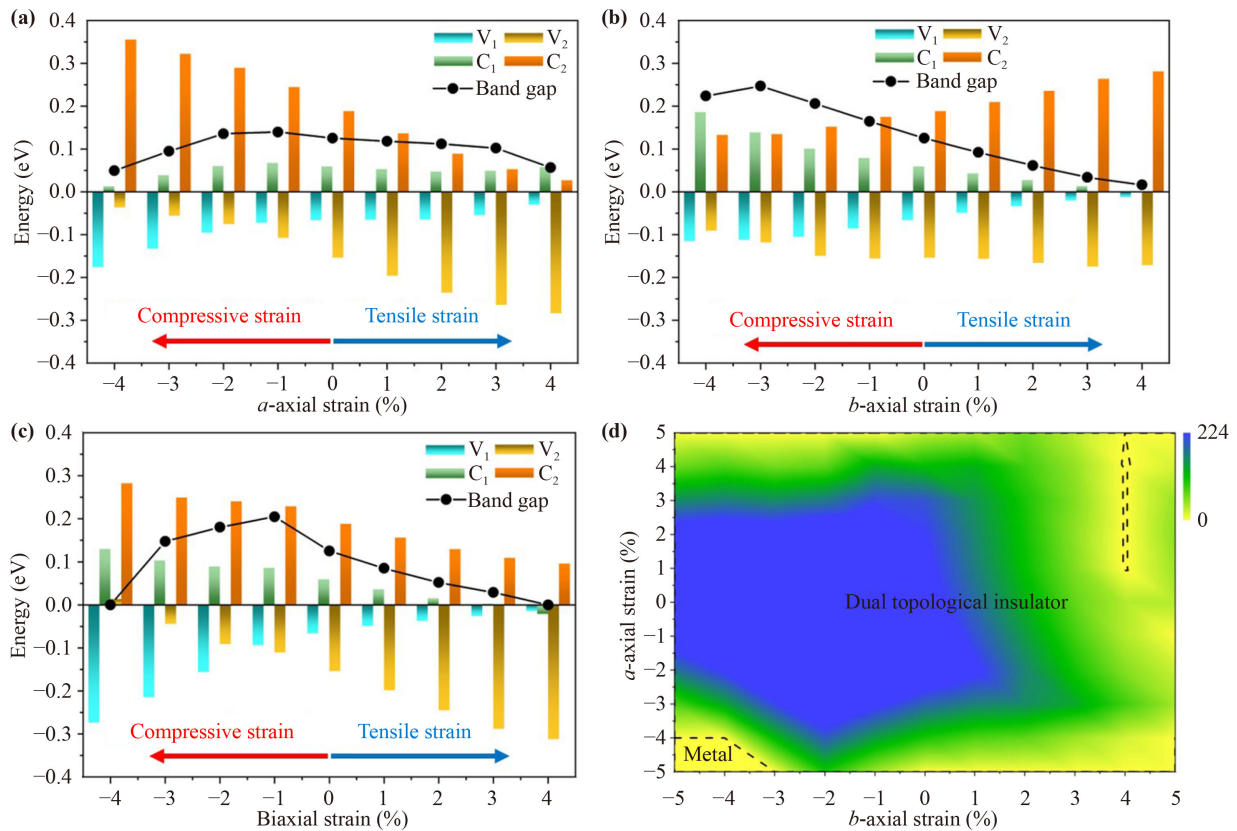
**Fig. 4** (a, b) Top and side views of vdW heterostructure composed of R–Bi bilayer and KBr(110) surface. (c) Calculated SOC band structure of vdW heterostructure.

the edge states come from the TCI phase are vanished, while the edge states contributed by the TI phase are retained, indicating a favorable robustness of QSH effect for R–Bi bilayer, which has substantial implication for the application in TFET. To sustain and utilize the DTI phase of R–Bi, it is essential to construct a quantum-well structure that holds horizontal glide mirror symme-

tries, with the R–Bi bilayer sandwiched between two insulating layers.

### 3.5 Effect of strain on R–Bi bilayer

The relaxation strain is generally inevitable when depositing 2D crystal on substrate. In light of this, we explore the effect of strain on the electronic and topological properties of R–Bi bilayer. Considering the anisotropy of crystal structure of bilayer, the *a*-axial, *b*-axial and biaxial strains are employed, respectively. Figure 5(a) shows variations of energy levels [ $V_1$ ,  $C_1$ ,  $V_2$  and  $C_2$  in Fig. 1(e)] and band gap as a function of *a*-axial strain. One can see that both  $V_1$  and  $C_2$  move towards (away from) the Fermi level under the tensile (compressive) strain, and the  $V_2$  shows an opposite change trend, while the variation of  $C_1$  is complicated. Then the origin of change in energy levels is studied. Firstly, the charge density distributions of  $V_2$  and  $C_2$  are plotted, see Figs. S9(a) and (b), which are located at the Bi–Bi bond along the *a* direction, exhibiting the characteristics of bonding and antibonding states of  $p_{x,y}$  orbitals, respectively. It is interesting to note that the thickness of bilayer is increased (decreased) when the *a*-axial compressive (tensile) strain is applied, as shown in Fig. S10. The



**Fig. 5** (a–c) Variations of energy levels and band gap as a function of *a*-axial, *b*-axial, and biaxial strains, respectively. (d) Phase diagram of band gap for R–Bi bilayer under the dual regulation of *a*-axial and *b*-axial strains. The dotted line is the boundary of DTI and metal phases.



increased (decreased) thickness would weaken (enhance) the hybridization of  $p_z$  orbitals between upper and lower Bi atoms, which makes the corresponding electronic states more localized (extended). Hence, both  $V_1$  and  $C_1$  generally shift away from (towards) the Fermi level under compressive (tensile) strain. Furthermore, we also find that the bond angle  $\theta$  is decreased (increased) with increasing compressive (tensile) strain, as depicted in Fig. S9(c). The  $\theta$  is closely associated with the degree of hybridization of  $p_{x,y}$  orbitals and Bi–Bi bond strength. The larger the  $\theta$  is, the stronger the overlap between  $p_{x,y}$  orbitals become, which would enhance the bonding state and weaken the antibonding state correspondingly. As a result, the tensile (compressive) strain drives both  $V_2$  and  $C_2$  to move to the low (high) energy region. Owing to the relative shift between energy levels, the transition between direct and indirect band gap can be observed in the process of applying  $a$ -axial strain. Meanwhile, the effective tunability of band gap is also achievable, in which the band gap can attain the maximum of 139.6 meV at  $-1\%$  strain. As the  $b$ -axial strain is applied, the alteration of thickness of bilayer is analogous to the case of  $a$ -axial strain, as shown in Fig. S10, so the shift of  $V_1$  and  $C_1$  away from (toward) the Fermi level can be observed obviously under the compressive (tensile) strain, see Fig. 5(b). Notably, the variations of  $\theta$  induced by  $b$ -axial and  $a$ -axial strains are diametrically opposite, and thus the evolutions of  $V_2$  and  $C_2$  under  $b$ -axial strain are roughly opposite to that of  $a$ -axial strain. Beyond that, the band gap can reach as large as 246.8 meV, and the direct band gap is preserved throughout the process except for the case of  $-3\%$  strain. For the employment of biaxial strain, the variations of  $V_1$  and  $C_1$  are consistent with the previous two types of strains because of the same mechanism, see Fig. S10. The  $V_2$  and  $C_2$  show a similar trend to the case of  $a$ -axial strain, which may be attributed to that the  $a$ -axial strain is directly responsible for the Bi–Bi bond strength in the  $a$  direction. The band gap can be enlarged to 204.6 meV at  $-1\%$  strain, but it would drop to zero when the tensile (compressive) strain is larger than  $4\%$  due to the emergence of self-doping, as illustrated in Fig. 5(c). In a word, the topologically nontrivial phase of R–Bi bilayer shows a favorable robustness against strain, and the magnitude of band gap can be effectively modulated. In reality, the substrate-induced relaxation strain is generally complicated, which cannot be simply described by above conditions, such as R–Bi bilayer deposited on KBr(110) surface. Therefore, we expand our investigation to the effect of combinatorial regulation of  $a$ -axial and  $b$ -axial strains on the R–Bi bilayer. Figure 5(d) presents the phase diagram of band gap, from which we find that the nontrivial topology of R–Bi bilayer is maintained over a wide range of strain. The self-doping-induced metallic property would occur when both  $a$ -axial and  $b$ -axial compressive strains are sufficiently large. Remarkably,

the band gap is raised in varying degrees, which provides certain guidance for the experimental observation of topological phases for R–Bi bilayer.

## 4 Conclusion

In summary, using first-principles calculations, we propose a new 2D DTI, i.e., R–Bi bilayer, which simultaneously possesses TI and TCI phases with a nontrivial band gap of 125.3 meV. Such topological state is confirmed by band inversion, nonzero  $Z_2$  topological invariant and mirror Chern numbers, as well as edge states across the bulk band gap. The TCI phase in R–Bi bilayer is protected by horizontal glide mirror symmetries, instead of traditional mirror symmetry. The bulk band gap can be effectively manipulated by external electric field and strains. Moreover, the electric field can bring about the transition between TI and metallic phases for the R–Bi bilayer, and a TFET is proposed based on this feature, which aims to rapidly control the spin and charge carriers. The KBr(110) surface is demonstrated as a suitable substrate for supporting the R–Bi bilayer, without affecting its QSH effect. Our works pave the way to explore DTI phase related to the glide mirror symmetry, and provide an excellent material platform for practical applications in spintronics.

**Declaration of competing interest** The authors declare that they have no known competing financial interests or personal relationships that could have influenced the work reported in this paper.

**Electronic supplementary materials** The online version contains supplementary material available at <https://doi.org/10.1007/10.1007/s11467-023-1262-x> and <https://journal.hep.com.cn/fop/EN/10.1007/s11467-023-1262-x>.

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