

Li Manmei, Liu Zhong, Zhang Zhulin, Ma Lin

## Inhibitory effects of curcumin derivatives on nonenzymatic glucosylation *in vitro*

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**Abstract** In this paper, curcumin, demethoxycurcumin, bisdemethoxycurcumin and another curcumin derivative are investigated for their inhibitory effects on nonenzymatic glucosylation *in vitro*, their binding reaction with bovine serum albumin (BSA) and their influence on the conformational changes of BSA. It demonstrated that all of these curcumin derivatives inhibited the formation of advanced glycation end products (AGE). Curcumin showed the most potent inhibitory activity, followed by demethoxycurcumin and bisdemethoxycurcumin. Moreover, it indicated that they extensively binded to the protein and induced the conformational changes of BSA.

**Keywords** nonenzymatic glucosylation, advanced glycation end products (AGEs), curcumin derivatives, binding reaction

### 1 Introduction

The recent diabetes control and complication trial [1] confirmed that patients with higher levels of mean blood glucose have a higher prevalence of diabetic complications. This supported the hypothesis of many investigators [2, 3] that significant pathogenic alterations arose from

irreversible nonenzymatic chemical modifications of plasma and tissue components that were initiated by glucose. Glucose initially reacted with amino acids and proteins to form a Schiff base, and then underwent an Amadori rearrangement to form a stable compound called the Amadori product. Further Maillard reactions ensued to slowly produce reactive and toxic covalent adducts of largely unknown structures that were often termed as advanced glycation end products or “AGEs.” Therefore, targeting glucosylation should potentially be of much medical and pharmacological importance.

Curcumin (1,7-bis(4-hydroxy-3-methoxyphenyl)-1,6-heptadiene-3,5-dione, shown in Scheme 1) and its analogues were isolated from turmeric (dry rhizomes of *Curcumin longa*), a commonly used spice and food colorant. These compounds had been reported to possess a variety of biological and pharmacological activities, including anti-oxidative, anti-inflammatory, anti-carcinogenic, anti-diabetic and anti-HIV. In this paper, we reported the inhibition of protein glucosylation by curcumin (1) and its analogues, including demethoxycurcumin (2), bisdemethoxycurcumin (3) and curcuminoid a (4) (see Fig. 1).

### 2 Materials and methods

#### 2.1 Materials

All solvents and other chemicals used were of analytical grade and obtained from Dongzhen Chemical Co. (Guangzhou, China). Bovine serum albumin (BSA) was obtained from Huamei Biological Co. (Guangzhou, China) and D-fructose was obtained from Sigma Chemical Co.

#### 2.2 Synthesis, isolation and purification of curcuminoids

Curcumin, demethoxycurcumin, bisdemethoxycurcumin were isolated from CRTO and identified according to earlier

Translated from *Zhong shan Daxue Xue bao/Acta Scientiarum Natralium University Sunyatseni*, 2005, 44(3)(in Chinese)

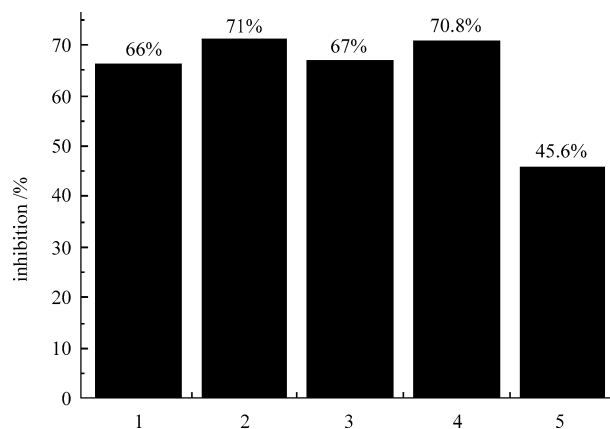
Li Manmei (✉)  
Institute of Traditional Chinese Medicine and Natural Products Jinan University, Guangzhou 510632, China  
E-mail: Limanmei@hotmail.com

Liu Zhong, Zhang Zhulin  
School of Pharmaceutical Science, Sun Yat-Sen University, Guangzhou 510080, China

Ma Lin  
School of Chemistry and Chemical Engineering, Sun Yat-Sen University, Guangzhou 510275, China



4 had a lower activity than the others. Among the curcuminoids, compound 1 exhibited the highest inhibitory activity with an  $IC_{50}$  value of  $30.5 \mu\text{M}$ , followed by compound 3

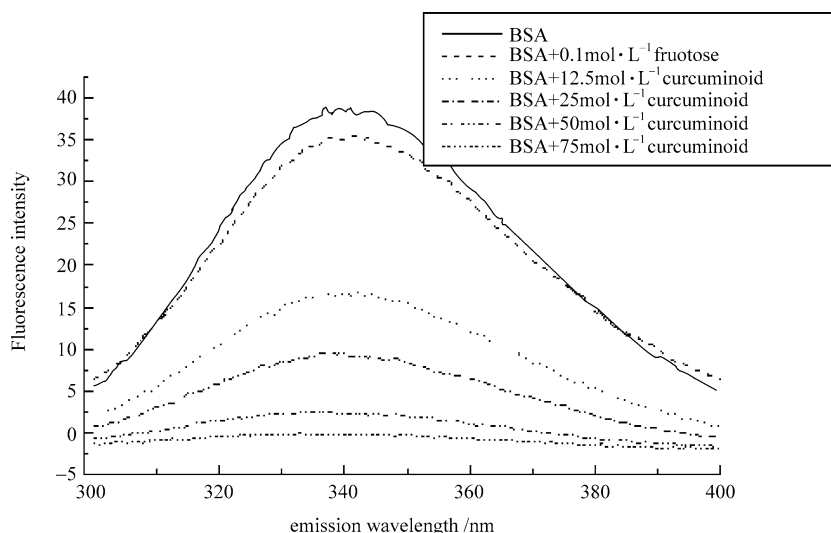


**Fig.2** Dose response of % inhibition of glucosylation protein and AGEs after 10 days of incubation with different compounds at concentration of  $50 \mu\text{mol/L}$  ( $P < 0.01$ )

\*1. Quercetin 2. Curcumin 3. demethoxycurcumin 4. bisdemethoxycurcumin 5. curcuminoid a

and compound 2 (Table 1). There was no report about the

**Fig.3** Fluorescence emission spectra of bovine serum albumin (BSA) with scaled in arbitrary units as a function of compounds' concentration



These results indicate that curcuminoids bind more easily to BSA than fructose. In the reaction mixture of fructose, curcuminoids and BSA, curcuminoids interfered with BSA's reaction with fructose by binding to the protein first, thereby inhibiting BSA glucosylation.

We then studied the relationship between protein binding reaction and the inhibition of the BSA glucosylation. We determined the binding constants and the number of binding sites (Table 2) by the slope of the line shown in Fig. 4. Data in Table 2 showed that the binding reaction between curcuminoids and BSA was strong, and that the ratio of the

pathway in which curcuminoids inhibited BSA glucosylation.

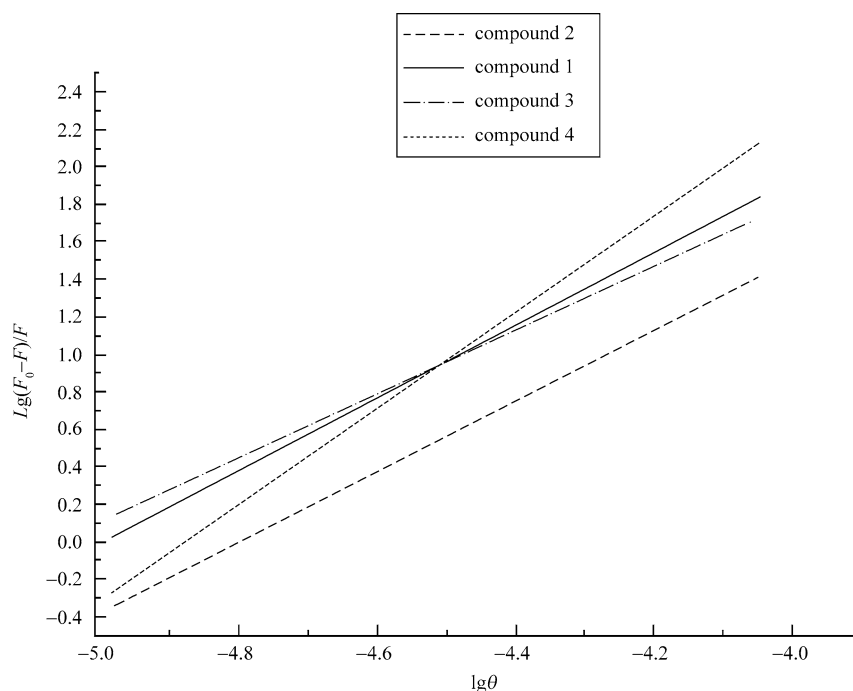
The result showed that the activity of these compounds depended significantly on the number of phenolic groups in the molecules. Compounds 1, 2 and 3, which had two phenolic groups each, exhibited more activity than compound 4, which had no phenolic group. Symmetry of compound structure was also related to the activity. Compounds 1 and 3 were symmetrical so they were more activated than the others. This might be related to their binding with BSA.

### 3.2 Binding reaction between curcuminoids and BSA

The emission spectra of BSA in the carbonic acid buffer (pH 9.0) had a maximum of about 300–400 nm at an excitation wavelength of 282 nm (Fig. 3). It was also observed that  $0.1 \text{ mol/L}$  fructose exerted nearly no influence on the BSA's absorption spectra (Fig 4). In contrast, curcuminoids caused peak intensity reduction, with intensity depending on curcuminoid concentration. When the concentration was lower, the peak intensity reduced faster.

compound to BSA was 2:1.

By comparing the  $IC_{50}$  values (Table 1) of compounds 2, 3 and 4, we can determine how inhibitory activity is related to the binding constants and the number of binding sites. Compound 3 had the highest inhibitory activity, binding constant, as well as number of binding sites. This indicated that the mechanism of inhibition was based on the binding reaction between the compound and BSA. The compounds held the sites of BSA, which in turn, inhibited the reaction of fructose and BSA.

**Fig.4** Plots of  $\lg[(F_0-F)/F]$  vs.  $\lg[\theta]$ **Table 2** The binding constants and the binding site of bovine (BSA) and the compounds

Compounds	Binding constants $K^*$ ( $L \cdot mol^{-1}$ )	Number of binding site (n)	Correlation coefficient
1	$4.65 \times 10^{18}$	1.71287	0.99418
2	$5.01 \times 10^9$	1.94242	0.99084
3	$3.47 \times 10^{12}$	2.57107	0.99863
4	$1.06 \times 10^9$	1.88137	0.9979

\* binding degree of BSA with the compounds

Compound 1 was different from the other three in that the inhibitory activity was the strongest as the binding reaction was weak. This suggests that it inhibits BSA glucosylation via a pathway other than the binding reaction. A previous study showed the early stage of the nonenzyme glucosylation producing hydroperoxides and free radicals caused the protein in vivo and played an important role in AGE formation. Curcumin had also been shown to have antioxidant activity in vitro [10] as well as improve the capacity of bearing anoxic in cardiac muscle [11]. We therefore inferred that curcumin inhibited AGE formation by clearing free radical production in the Maillard reaction.

### 3.3 The influence of curcuminoids on the conformational changes of BSA

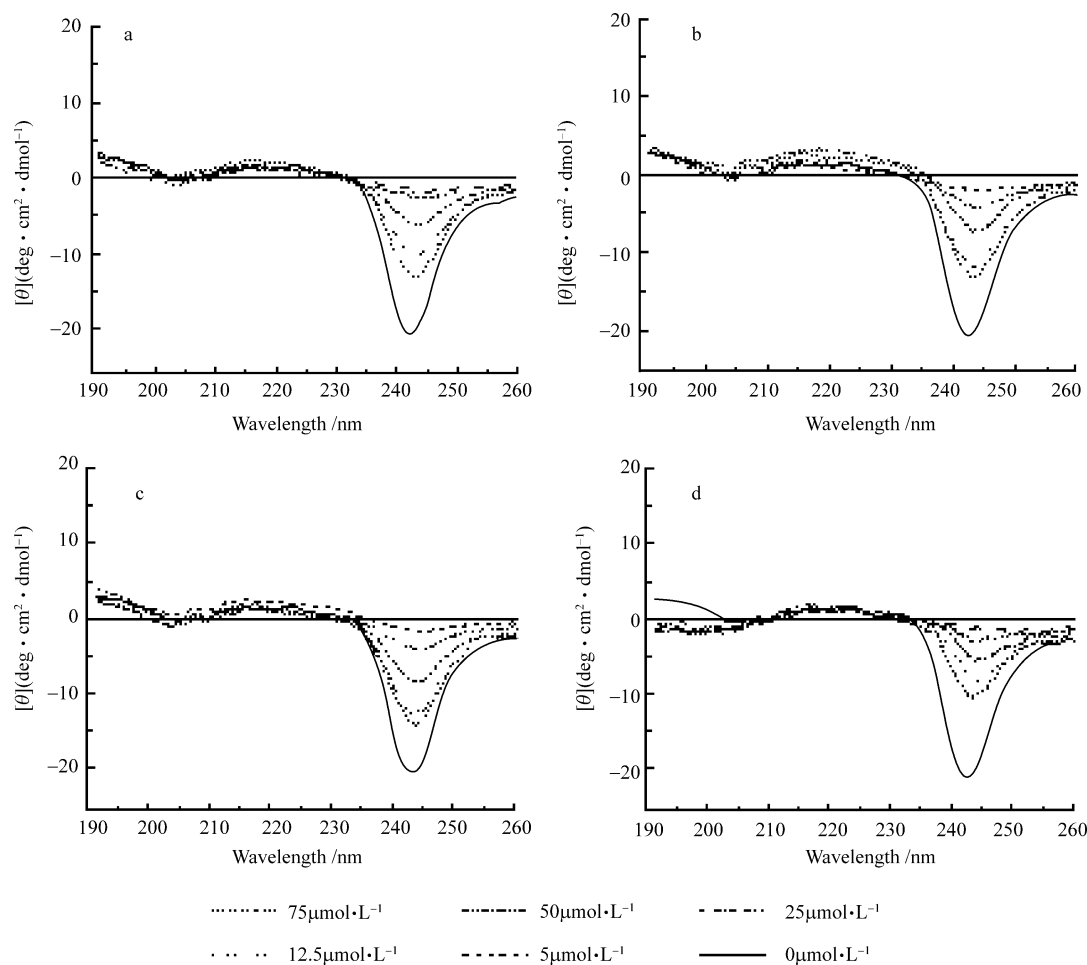
According to Fig. 5, BSA solution without the extracts had

a negative peak at 243 nm. As the concentration was increased, the negative peak decreased. This indicates that the conformational change of BSA was caused by the addition of the compounds, and that the change was related to the latter's concentration. Of the four compounds, the influence of curcuminoid a was the strongest.

## 4 Conclusions

Curcumin derivatives could inhibit the production of nonenzymatic glucosylation AGEs effectively in vitro. Curcumin showed the most potent inhibitory activity, followed by demethoxycurcumin, bisdemethoxycurcumin and curcumin derivative a.  $IC_{50}$  values were detected below  $35 \mu mol/L$  on curcumin derivatives which contained hydroxyl. Their inhibitory efficiency was equal to the control sample. It was further proven, via fluoroscopy and circular dichroism spectra, that the inhibitory effect of curcumin derivatives on AGEs was caused by the interaction. Based on the mechanism of glucosylation and the antioxidant activity of the curcuminoids, we concluded that the inhibition mechanism was related to their antioxidant capacity.

**Fig.5** Circular dichroism spectra of bovine serum albumin(BSA) as a function of compound concentration



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