

Dual effects of *Psoraleae Fructus* on the liver: hepatoprotection or hepatotoxicity?

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Abstract

Psoraleae Fructus, the dried mature fruit of the leguminous plant *Psoralea corylifolia* L., contains flavonoids, coumarins, monoterpene phenols, and benzofurans. It exhibits various pharmacological activities, including immune regulation, antioxidant properties, photosensitivity, and estrogen-like effects, and finds extensive use in the clinical treatment of osteoporosis, vitiligo, and psoriasis. Extensive pharmacological research has demonstrated that *Psoraleae Fructus* and its components improve liver function and protect hepatocytes in animal and cellular models of liver diseases. Moreover, with the increasing clinical applications of *Psoraleae Fructus* and its derivatives, as well as the progression in adverse drug reaction surveillance, there is an increase in clinical cases involving these preparations and the enhancement of monitoring for any adverse reactions linked to *Psoraleae Fructus* and its related compounds. Here, we examined the hepatoprotective effects and hepatotoxicity of the monomer components, extracts, and related preparations of *Psoraleae Fructus*. We aim to contribute to safety evaluation, facilitate informed clinical application, and foster advancements in *Psoraleae Fructus* and its derivatives.

Keywords: DILI, Hepatic protection, Hepatotoxicity, *Psoralea corylifolia* L., *Psoraleae Fructus*

Graphical abstract: <http://links.lww.com/AHM/A118>.

Introduction

Psoraleae Fructus (Bu Gu Zhi, PF), termed “Buguzhi” in traditional Chinese medicine (TCM), is derived from dried mature fruit of the leguminous plant *Psoralea corylifolia* L. The earliest mention of PF dates back to an ancient Chinese medical book called *Lei's Treatise on Processing Drugs* (雷公炮炙论) Northern and Southern Dynasties, A.D. 420–581). It is characterized by its warm nature, pungent, and bitter taste, and its influence on the spleen and kidney meridians, where it significantly reinforces the kidneys to strengthen Yang, relieves chronic diarrhea and enriches the bone marrow.

To date, innumerable chemicals, including flavonoids, coumarins, monoterpene phenols, benzofurans, lipids, and volatile oils have been identified in PF. The primary active constituents are coumarins, flavonoids, and meroterpenes^[1,2]. Based on the activity of its numerous chemical components, PF exhibits a range of pharmacological effects, including anti-inflammatory, antibacterial, antiviral, antioxidant, antitumor, photosensitizing, and estrogen-like effects, affecting various organs including brain^[3–5], heart^[6], lung^[7], skin^[2,8], and liver^[9,10]. PF is utilized in a variety of preparations, including Zhuanggu Guanjie pill (ZGGJ), Xianling

Gubao (XLGB) capsules, Fufang Buguzhi granule, and Buguzhi intramuscular injections, which, in combination with monomer components and PF extracts, are used to treat numerous diseases, including osteoporosis, osteomalacia, psoriasis and vitiligo, in the clinic^[11–14].

With the widespread use of PF and its preparations, PF-induced multiple organ toxicity, including hepatotoxicity^[15], nephrotoxicity^[16,17], reproductive toxicity^[17,18], and phototoxicity^[12,19], have garnered widespread attention. The hepatotoxicity is the most common type and non-negligible challenge of multi-organ toxicity caused by PF and its preparations. The Chinese National Adverse Drug Reaction Monitoring Database received a total of 2,665 reports on XLGB oral preparations (January 1, 2004, to July 21, 2016), causing the Chinese Food and Drug Administration (CFDA) to issue a notification regarding the risk of liver injury associated with XLGB on December 8, 2016^[20]. ZGGJ [National Center for ADR Monitoring, China, ADR notification (2008, No. 1)] and Baishi pills [National Center for ADR Monitoring, China, ADR notification (2008, No. 9)] have been reported to cause cholestatic liver damage. Additionally, a

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ameliorating lipid-induced hepatocyte injury and blocking the PKC- α /NOX pathway^[38].

Multiple studies have investigated the anti-steatosis effects of other compounds in PF. Epidemiological and experimental evidence suggests a correlation between the vitamin D-vitamin D receptor (VD-VDR) axis and the development of NASH^[39-41]. 8-MOP, a potential ligand of VDR^[42], mitigates hepatic steatosis by suppressing insulin substrate-1 (IRS1) signaling and increasing insulin substrate-2 (IRS2) expression, thereby downregulating downstream *de novo* lipogenesis due to VD deficiency in Sprague-Dawley (SD) rats^[43]. Wei et al.^[44] demonstrated that Bavachin (BV) exhibited significant therapeutic benefits in both HFD-induced NAFLD mouse models and PA/oleic acid (PA/OA)-stimulated mouse primary hepatocytes and Huh cell models. Liver RNA-seq was employed to elucidate the underlying mechanisms, followed by real-time fluorescence quantitative PCR (qPCR) analysis to validate these mechanisms. The findings indicated a downregulation of genes associated with lipid synthesis, accumulation, and transport. Moreover, there was a decrease in the expression of OS- and autophagy-related genes, coupled with increased mitochondrial numbers and structural improvements. Collectively, BV mitigated HFD-induced liver injury by regulating hepatic OS, autophagy, and lipid metabolism^[44].

In summary, PF and its preparations demonstrate promising anti-steatosis therapeutic efficacy and can ameliorate liver damage by engaging in various lipid metabolism processes and modulating the expression of genes in multiple signaling pathways. These findings highlight the potential of PF and its preparations for development as clinical drugs for the treatment of hepatic steatosis.

Inhibition of liver cancer

Liver cancer is a global health challenge associated with HCC is the most common form of it. Chronic hepatitis B and hepatitis C, metabolic liver diseases (particularly NAFLD), and exposure to toxins such as alcohol are key risk factors for HCC^[45-47]. Although progress has been made in the treatment of HCC, there are still some issues with the implementation of effective treatment measures. Numerous studies have demonstrated the antitumor properties of TCM and their active monomers, indicating their therapeutic potential^[48,49].

Considering that 8-MOP can induce apoptosis and has relatively low cytotoxicity in hepatoma HepG2 cells, with the value of half maximal inhibitory concentration (IC_{50}) are $(124.07 \pm 6.89) \mu\text{M}$ after 24 h of treatment, Xiong et al.^[50] investigated the antitumor effect of 8-MOP. Cell adhesion, migration, and invasion were inhibited after 8-MOP treatment at concentrations ranging from 12.5 to 50 nM in HepG2 cells, which are much lower than the IC_{50} values. Additionally, they found that epithelial-mesenchymal transition (EMT)-related genes were modulated to lower levels. Moreover, 8-MOP suppressed the expression of differentiated embryonic chondrocyte-expressed gene 1 (DEC1) in a concentration-dependent manner, implicating its involvement in the regulation of the EMT process. Overexpression of DEC1 reversed

the antimetastatic effects and decrease in EMT marker expression induced by 8-MOP in HepG2 cells, suggesting that DEC1 is a target of 8-MOP. Similarly, 8-MOP (5 or 20 mg/kg) suppressed lung metastasis in hepatoma H22-transplanted mice without causing multiple organ damage by downregulating DEC1 *in vivo*^[50].

Several studies have demonstrated that Psoralen induces apoptosis by elevating the expression of the pro-apoptotic protein Bax, inhibiting the expression of the anti-apoptotic protein Bcl-2, upregulating the enzymatic activity of caspase-3^[51] and triggering ER stress^[52] in SMMC7721 hepatoma cells. Due to recent research which mentioned that SMMC7721 cells have been contaminated by Hela cells^[53-55], specific antitumor mechanisms of Psoralen explored in these cells are not elucidated here, but these results suggest that Psoralen may possess antitumor activity.

Currently, studies on the effects of PF and its preparations on the development and occurrence of liver cancer are limited. Further research is needed to determine whether PF can be developed as an anti-HCC drug, or whether it can synergistically enhance the antitumor activity of other antitumor drugs.

Hepatotoxicity

Mitochondrial dysfunction

Mitochondria are crucial organelles responsible for maintaining energy homeostasis and regulating cellular metabolism. Mitochondrial dysfunction inhibits fatty acid β -oxidation and increased OS, ultimately leading to cell apoptosis or death. This dysfunction has been shown to play a role in the occurrence and progression of various liver diseases^[56-58].

XLGB is associated with a risk of DILI in clinical use. Experimental research showed that PF lowered the maximum respiratory capacity of HepG2 cells, as measured by the Seahorse assay, whereas the other five herbal medicines in XLGB had no impact on it. High performance liquid chromatography-time of flight/mass spectrometry (HPLC-TOF/MS) was used to characterize the five main compounds in PF: Psoralidin, Isobavachalcone, Bavachinin, BV, and Psoralen. These five compounds are the key factors in PF-induced mitochondrial dysfunction as they can suppress basal respiration, ATP-linked production, and maximal respiration to inhibit mitochondrial respiration. According to results of network pharmacology, the PI3K-AKT signaling pathway is closely related to abnormalities caused by XGBL^[20]. Additionally, ethanol extracts of PF (EEEP) can significantly reduce the mitochondrial membrane potential (MMP) in L-02 and HepG2 cells, confirming that PF compounds can lead to mitochondrial dysfunction^[59].

BV, the main flavonoid in *Psoralea corylifolia* L., induces mitochondrial damage *via* multiple mechanisms. Changes in the morphology of mitochondria in HepG2 cells, including the total area, width, height, length and breadth, were observed, and the MMP decreased significantly after exposure to 40 μM BV. Additionally, BV can downregulate the protein levels of mitofusion 2 (Mfn2), and the depletion of Mfn2 by siRNA exacerbates mitochondrial-induced ER stress and apoptosis^[60].

solute transporter α (OST α), and activated the key synthesis enzyme 3-hydroxy-3-methylglutaryl-coenzyme-A reductase (HMGCR) contributed to the occurrence and progression of Psoralen-induced cholestatic liver injury^[77]. BAK administered at doses of 52.5 and 262.6 mg/kg for 6 weeks can also induce DIC, leading to decreased expression of CYP7A1, HMG-CoA reductase, PPAR α , and SREBP-2^[78]. iTRAQ results confirmed the close association of PPAR α , FXR, and CYP7A1 with the development and progression of BAK-induced cholestatic hepatotoxicity^[79].

In the 16th issue of *the Adverse Drug Reaction Information Bulletin*, the CFDA reported 158 cases of adverse reactions after using a Zhuangguguanjie pill, characterized by cholestatic liver injury. Additionally, research in animals and cells has indicated that PF affects multiple pathways involved in the synthesis, metabolism, and transport of bile acids. Therefore, owing to the alertness of clinical cases and experimental data, it is vital to consider the application of PF and its preparations to avoid DIC. Moreover, subsequent research should explore whether existing methods for the intervention and treatment of cholestatic diseases can be utilized to treat PF- and PF-induced cholestatic liver injuries.

Idiosyncratic hepatic injury

Idiosyncratic hepatotoxicity is caused by agents that have little or no intrinsic toxicity and cause liver injury in rare cases. Idiosyncratic drug-induced liver injury (IDILI) is mainly caused by two major factors: idiosyncratic metabolic and immunologic reaction^[22,80,81]. Many TCM have been shown to induce idiosyncratic hepatic injury, including *Polygonum multiflorum* Thunb., which is the most well-known^[82–84]. Two PF-containing TCM preparations, ZGGJ and XLGB, have been reported to cause liver injury with the characteristics of idiosyncratic hepatotoxicity induced by CFDA^[85,86].

BV induced the highest increase in caspase-1 enzymatic activity compared to the other seven compounds (Angelicin, Isobavachin, Backuchiol, Psoralidin, Bavachinin, Neobavaisoflavone, and Psoralen) from PF in ATP- or nigericin-stimulated lipopolysaccharide (LPS)-primed BMDMs, suggesting that BV may promote inflammasome activation. Only the nigericin-induced NOD-like receptor thermal protein domain-associated protein 3 (NLRP3) inflammasome was activated, whereas other inflammasomes, including the NOD-like receptor family CARD domain containing 4 (NLRC4) and melanoma 2 (AIM2) inflammasomes, were not affected. In C57BL/6J mice, a single dose of 25 mg BV or 2 mg/kg LPS did not induce hepatic damage, but the combined administration (BV was administered 2 hours after LPS administration) caused IDILI. MCC950, an NLRP3 inhibitor, can reverse injury^[87]. Wang et al.^[88] demonstrated that 50 mg/kg Psoralidin could also cause IDILI after co-treatment with 2 mg/kg LPS. In addition, Psoralidin can activate not only the NLRP3 inflammasome but also the NLRC4 inflammasome, as using MCC850 in LPS-primed BMDM or conducting experiments in BMDM isolated from *Nlrp3*^{-/-} mice failed to suppress the activation of inflammasome completely.

The MitoSOX Red mitochondrial superoxide indicator assay revealed that the production of mitochondrial reactive oxygen species (mtROS) and NAC, a ROS scavenger, dramatically inhibited inflammasome activation and jointly uncovered mtROS as a decisive upstream mechanism of Psoralidin-induced NLRP3 and NLRC4 inflammasome activation^[88].

Although the prevalence of IDILI is low, it can cause severe liver damage and irreversible acute liver failure. At present, IDILI induced by PF and its preparations has been reported; therefore, it is urgent to identify which compounds have the risk of inducing idiosyncratic hepatotoxicity and to elucidate the mechanisms involved, providing a theoretical basis for rational clinical drug use.

Conclusion

In summary, the hepatoprotective effects of PF and its preparations include alleviating AILI, ameliorating hepatic steatosis and NAFLD, promoting the apoptosis of HCC cells, and inhibiting their migration. In hepatotoxicity, PF and its preparations damage the mitochondria, induce ER stress in hepatocytes, disrupt hepatic bile acid homeostasis, and induce IDILI (Figure 1).

Based on the existing research, due to its complex active components with numerous effective targets, and complexity of compatibility with other TCM, the dominant signaling pathways may vary under different body states, drug dosages, and formulation selection, ultimately cause PF to play different effects on the liver.

Studies on the liver protection and hepatotoxicity of monomer components, extracts, and preparations of PF and formulations containing PF combined with other TCM are limited and not yet comprehensive. The numerous active ingredients in PF enable it to be developed to improve hepatic dysfunction and treat liver diseases. With the continuous development of system biology technologies, subsequent research can use these techniques to predict potential therapeutic targets and pharmacological effects and explore whether they can alleviate liver disease damage. Thus, the hepatotoxicity of PF and its preparations should be carefully considered. Current research on PF and its preparation-related hepatotoxicity has mostly been conducted in cells and animals in a physiological state, which is inconsistent with the clinical medication situation, resulting in difficulties in fully reflecting PF toxicity. Accordingly, cellular and animal disease models should be established to explore the hepatic effects of PF and its preparations under pathological conditions.

Taken together, in-depth investigations of the hepatoprotective and hepatotoxicity mechanisms of the monomer components, extracts, and preparations of PF are beneficial for developing drugs or new indications. This contributes to rational clinical use and maximizes therapeutic effects without inducing hepatic injury.

Conflict of interest statement

The authors declare no conflict of interest.

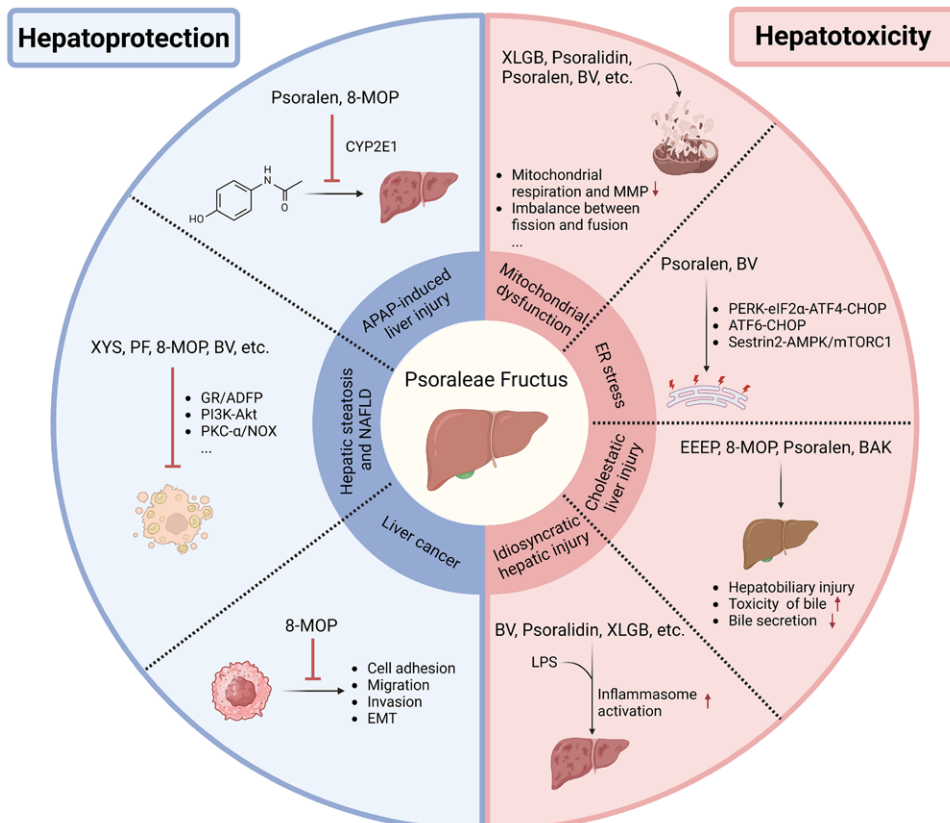


Figure 1. Schematic diagram illustrating the dual effects of Psoraleae Fructus on the liver (created by Scientific Image and Illustration Software | BioRender). 8-MOP: 8-Methoxypsoralen; BAK: Bakuchioli; BV: Bavachin; EEEP: ethanol extracts of PF; EMT: epithelial-mesenchymal transition; PF: Psoraleae Fructus; XLGB: Xianling Gubao capsules; XYs: Xiaoyao Power.

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Author contributions

Conceptualization: Qianhui Tang, Zhenzhou Jiang, and Luyong Zhang; writing-original draft preparation: Qianhui Tang and Zhenzhou Jiang; writing-review and editing: Qinwei Yu, Bin Ni, Zhenzhou Jiang, and Luyong Zhang. All the authors have read and approved the final version of the manuscript.

Ethical approval of studies and informed consent

Not applicable.

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None.

Data availability

All data generated or analyzed during this study are included in this published article.

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