





Systematic Review

Preoperative Predictors of Right Ventricular Assist Device Requirement After Left Ventricular Assist Device Implantation: A Systematic Review and Meta Analysis

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Abstract

Background: Right ventricular failure (RVF) remains a major determinant of morbidity and mortality following left ventricular assist device (LVAD) implantation. In its most severe form, RVF necessitates right ventricular assist device (RVAD) support, which is associated with markedly worse early and long-term outcomes. While numerous studies have examined predictors of post-LVAD RVF, few have focused specifically on RVAD implantation as a discrete and clinically decisive endpoint. We therefore performed a systematic review and meta-analysis to identify robust preoperative predictors of RVAD requirement following LVAD implantation. **Methods:** A systematic literature search of MEDLINE, EMBASE, SCOPUS, and PubMed was conducted from inception to August 2025 in accordance with PRISMA guidelines. Studies enrolling adult patients undergoing durable or temporary LVAD implantation and reporting preoperative predictors of postoperative RVAD requirement were included. Pooled odds ratios (ORs) and mean differences (MDs) with 95% confidence intervals (CIs) were calculated using random-effects models. Heterogeneity was assessed using the I^2 statistic, with pre-defined sensitivity and subgroup analyses based on LVAD era and study size. **Results:** Twenty studies met inclusion criteria, of which nineteen comprising 31,591 patients were included in the meta-analysis. Several consistent preoperative predictors of RVAD requirement were identified across clinical, haemodynamic, echocardiographic, and laboratory domains. Patients requiring RVAD were younger (MD -3.57 years) and more frequently female, had a higher likelihood of prior cardiac surgery, INTERMACS Profile 1 status, and need for preoperative mechanical support including ventilation and intra-aortic balloon pump. Haemodynamic predictors included elevated central venous pressure, higher CVP/PCWP ratio, lower cardiac index, and reduced right ventricular stroke work index. Echocardiographic predictors included severe tricuspid regurgitation and lower tricuspid annular plane systolic excursion. Laboratory markers of hepatic dysfunction, coagulopathy, malnutrition, anaemia, thrombocytopenia, and elevated natriuretic peptides were also significantly associated with RVAD implantation. Subgroup analyses demonstrated consistent direction of effects across LVAD eras and study sizes. **Conclusion:** RVAD requirement after LVAD implantation is driven by a constellation of high clinical acuity, haemodynamic compromise, and end-organ dysfunction rather than any single isolated variable. A comprehensive, multi-parameter preoperative assessment is essential to identify patients at highest risk and to guide patient selection, preoperative optimisation, and consideration of planned biventricular support strategies.

Keywords: left ventricular assist device; right ventricular assist device; right ventricular failure; mechanical circulatory support; risk stratification; preoperative predictors; biventricular support



1. Introduction

Left ventricular assist devices (LVADs) are an established therapy for patients with advanced chronic heart failure (ACHF), significantly improving survival and quality of life as a bridge to transplantation or as a destination therapy [1]. According to recent registry data, the number of LVAD implantations has steadily increased, with more than 15,000 patients supported [2]. However, the success of LVAD therapy is often compromised by the early morbidity and mortality caused by right ventricular failure (RVF) [3]. Severe RVF exhibits an incidence as high as 50% after LVAD implantation, resulting in perioperative mortality rates of 19% to 43% and driving significant complications, including end-organ dysfunction and the need for prolonged intensive care and hospitalization [4,5].

The most severe form of RVF necessitates the implantation of a right ventricular assist device (RVAD). Meanwhile, the pathophysiology of post-LVAD RVF is multifactorial. The abrupt increase in venous return following LVAD initiation increases RV preload, while the leftward shift of the interventricular septum can alter RV geometry and impair contractility. These changes can overwhelm a ventricle that has already been compromised by chronic heart failure [6]. Thus, recognizing this risk, numerous studies have sought to identify preoperative predictors of RVF to improve the selection of candidates for isolated LVAD therapy and to identify those who might benefit from a planned biventricular ventricular assist device (BiVAD) strategy. These efforts have led to the development of several clinical risk scores, such as the Michigan michigan right ventricular failure risk score (RVFRS), the CRITT score, and the EUROMACS-right sided heart failure (RHF) score [7]. However, these scores have often yielded inconsistent predictors, and external validation studies have demonstrated only modest predictive power, limiting their widespread clinical application [8,9].

Collectively, this systematic review and meta-analysis were conducted to aggregate the current evidence given the profound impact of post-LVAD and RVAD requirements and the ongoing challenges in risk stratification. Finally, this review aimed to identify the most robust and consistent preoperative predictors of postoperative RVAD requirement in patients undergoing durable, continuous-flow LVAD (CF-LVAD) implantation.

2. Methods

2.1 Literature Search Strategy

The review was registered at the Prospective Register of Systematic Reviews database (PROSPERO). This systematic review and meta-analysis were performed in accordance with the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines. A comprehensive literature search of OVID MEDLINE, EMBASE, SCOPUS, and PubMed was conducted from

database inception until August 2025. The following keywords and MeSH terms were used in various combinations: “left ventricular assist device”, “LVAD”, “right ventricular assist device”, “RVAD”, “right ventricular failure”, and “predictors”. Reference lists of relevant articles were also screened manually to identify additional studies.

2.2 Eligibility Criteria

Studies were eligible for inclusion if they met the following criteria: (1) original research articles; (2) included adult patients (≥ 18 years) undergoing durable or temporary LVAD implantation; (3) evaluated one or more preoperative predictors of postoperative RVAD requirement; and (4) reported sufficient data to calculate odds ratios (ORs) or mean differences (MDs) with 95% confidence intervals (CIs).

Exclusion criteria included studies focusing solely on paediatric populations, those without clear separation of RVAD from broader right ventricular failure cohorts, and studies without extractable or comparable data. Case reports, editorials, reviews, and conference abstracts were also excluded.

2.3 Data Extraction and Quality Assessment

Three reviewers (MC, AD, IZ) independently extracted data, including study characteristics (first author, year, design), patient population (sample size, LVAD type, INTERMACS profile), and preoperative variables. Variables were grouped as: (1) clinical/demographic (age, sex, INTERMACS profile, prior surgery, mechanical circulatory support); (2) haemodynamic central venous pressure (CVP), pulmonary capillary wedge pressure (PCWP), cardiac index, RV stroke work index); (3) echocardiographic tricuspid annular plane systolic excursion (TAPSE), right ventricular dimensions, tricuspid regurgitation); and (4) laboratory creatinine, bilirubin, albumin, international normalised ratio (INR). The primary outcome was the requirement for postoperative RVAD support. For studies that reported continuous variables as medians with interquartile ranges or ranges, we converted these values to means and standard deviations using the validated method described by Wan *et al.* [10]. This approach provides unbiased estimators for sample means and standard deviations across various sample sizes and is widely recommended for meta-analytic pooling of continuous data.

The Revised Cochrane risk-of-bias 2 (RoB 2) tool was employed to assess bias in randomized studies [11]. For observational studies, the Risk of Bias In Non-randomized Studies of Interventions (ROBINS-I) scale was utilized [12].

2.4 Statistical Analysis

Meta-analyses were performed using Review Manager (RevMan) Version 5.4.1 (The Cochrane Collaboration, Copenhagen, Denmark), developed by The Nordic Cochrane Centre in Copenhagen, Denmark. For dichoto-

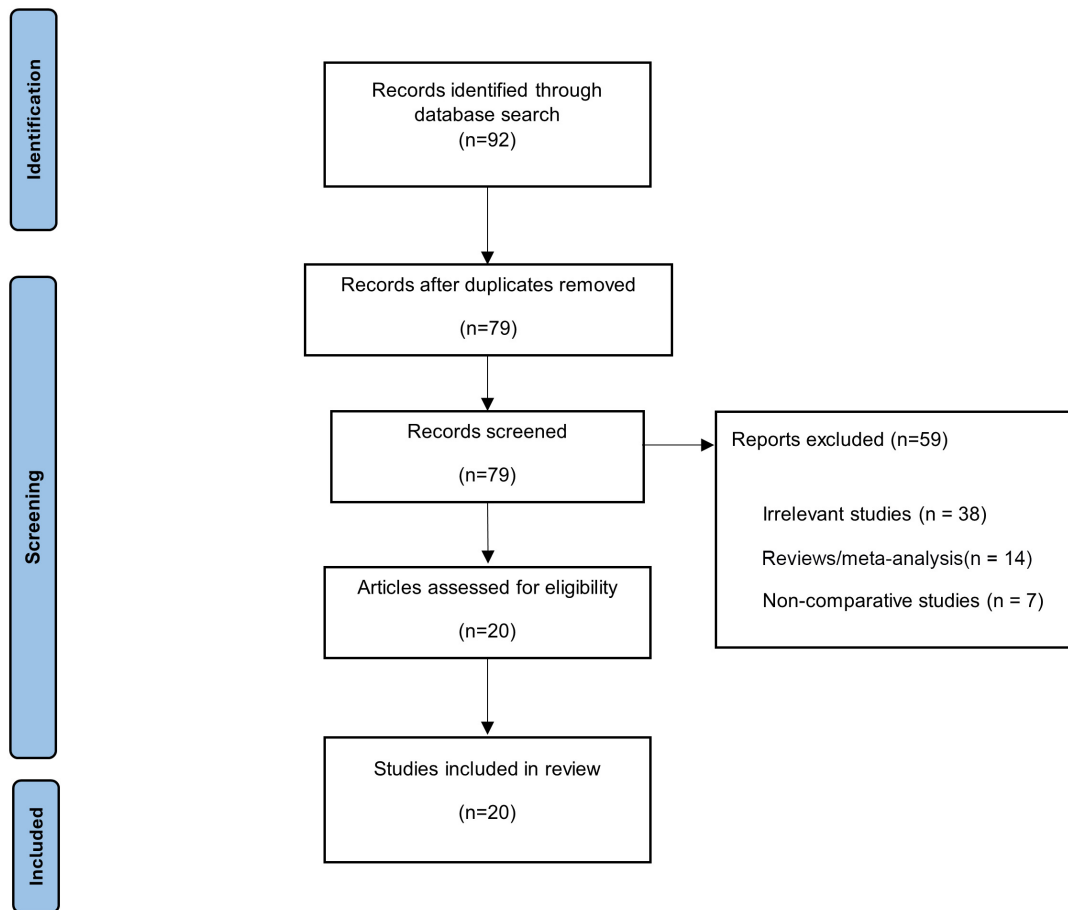


Fig. 1. Flow diagram demonstrating assessment of the available literature using CEBM criteria. CEBM, Center for Evidence-Based Medicine.

rious variables, pooled ORs with 95% CIs were calculated; for continuous variables, MDs with 95% CIs were used. A random-effects model was employed to account for between-study variability. Statistical significance was set at $p < 0.05$. Heterogeneity was quantified using the I^2 statistic and classified as low (25–49%), moderate (50–74%), or high ($\geq 75\%$).

To further investigate the stability of our findings and explore sources of statistical heterogeneity, a leave-one-out sensitivity analysis was performed. For any preoperative predictor where heterogeneity was classified as high ($I^2 \geq 75\%$), the meta-analysis was systematically repeated, removing one study at a time. This procedure allowed for an assessment of the influence of each individual study on the summary effect estimate and the overall I^2 statistic, helping to identify any single study that might be a disproportionate source of the observed heterogeneity.

To explore potential sources of heterogeneity, we performed predefined subgroup analyses based on (1) LVAD type and device era, stratifying studies into pulsatile-flow and continuous-flow cohorts, and (2) study sample size, categorising studies as small/medium (≤ 500 patients) or large (> 500 patients). For each major predictor, pooled effect

estimates were recalculated within subgroups, and tests for subgroup differences were conducted.

3. Results

3.1 Study Characteristics

A total of 20 studies met the inclusion criteria for the systematic review (Fig. 1). Of these, 19 studies including 31,591 patients [13–31] provided sufficient quantitative data for inclusion in the meta-analysis. The study by Rivas-Lasarte *et al.* [8], which focused on validating a risk score rather than providing primary data on individual predictors, was included in the qualitative review and diagnostic accuracy summary but not the quantitative synthesis of individual predictors.

The included studies were published between 1999 and 2023 and were geographically diverse, with the majority from the USA, several from Europe (Germany, UK, France, Belgium), and one from Japan (Table 1, Ref. [8,13–31]). The studies were predominantly retrospective and varied significantly in size, from single-centre cohorts of fewer than 50 patients to large, multicentre registry analyses encompassing over 28,000 individuals.

Table 1. Characteristics of included studies.

First author	Year	Study design	Country	Time interval of recruitment	No. of patients (total)	No. with LVAD only	No. with RVAD	LVAD types
Ahmed <i>et al.</i> [14]	2023	Retrospective, Registry	USA	2010–2020	28,971	27,325	1646	CF-LVADs (HMII, HVAD, HM3)
Aissaoui <i>et al.</i> [31]	2013	Retrospective, Single-Centre	Germany	2001–2011	488	443	45	Multiple CF & Pulsatile
Charisopoulou <i>et al.</i> [17]	2019	Retrospective, Single-Centre	UK	2016–2018	70	56	14	CF-LVADs
Deschka <i>et al.</i> [20]	2016	Retrospective, Multi-Centre	Germany	2011–2014	53	28	25	CF-LVADs (HMII, HeartWare)
Fischer and Kirsch [15]	2018	Retrospective, Multi-Centre	France	2012–2014	44	22	22	HeartMate II
Fitzpatrick <i>et al.</i> [29]	2008	Retrospective, Single-Centre	USA	1995–2007	266	167	99	Multiple CF & Pulsatile
Fukamachi <i>et al.</i> [28]	1999	Retrospective, Single-Centre	USA	1991–1996	100	89	11	HeartMate (Pulsatile)
Kiernan <i>et al.</i> [13]	2017	Retrospective, Registry	USA	2006–2014	9976	9590	386	CF-LVADs
Kormos <i>et al.</i> [18]	2010	Prospective, Multi-Centre	USA	2005–2008	484	386	98	HeartMate II
Lazar <i>et al.</i> [16]	2013	Retrospective, Single-Centre	USA	2006–2011	139	105	34	HeartMate II
Morgan <i>et al.</i> [22]	2004	Retrospective, Single-Centre	USA	1993–2003	243	226	17	HeartMate (Pulsatile)
Ochiai <i>et al.</i> [27]	2002	Retrospective, Single-Centre	USA	1991–2001	245	222	23	HeartMate & Novacor (Pulsatile)
Patil <i>et al.</i> [21]	2015	Retrospective, Single-Centre	UK	2003–2013	152	117	35	CF-LVADs (HMII, HVAD, Jarvik)
Pettinari <i>et al.</i> [26]	2012	Retrospective, Single-Centre	Belgium	Not Specified	59	45	14	CF-LVADs (HMII, INCOR)
Rivas-Lasarte <i>et al.</i> [8]	2021	Retrospective, Multi-Centre	USA	2007–2017	662	451	211	CF-LVADs (HMII, HVAD, HM3)
Shiga <i>et al.</i> [25]	2012	Retrospective, Single-Centre	Japan	2002–2011	79	70	9	Multiple CF & Pulsatile
Takeda <i>et al.</i> [24]	2013	Retrospective, Single-Centre	USA	2000–2010	282	242	40	HeartMate I & II
Wang <i>et al.</i> [23]	2012	Retrospective, Single-Centre	USA	1996–2009	183	156	27	Multiple CF & Pulsatile
Yost <i>et al.</i> [30]	2016	Retrospective, Single-Centre	USA	2005–2013	256	200	56	CF-LVADs (HMII, HeartWare)
Yoshioka <i>et al.</i> [19]	2017	Retrospective, Single-Centre	USA	2009–2014	305	278	27	CF-LVADs (HMII, HeartWare)

CF-LVAD, Continuous-Flow Left Ventricular Assist Device; HMII, HeartMate II; HVAD, HeartWare HVAD; HM3, HeartMate 3; RHF, Right Heart Failure.

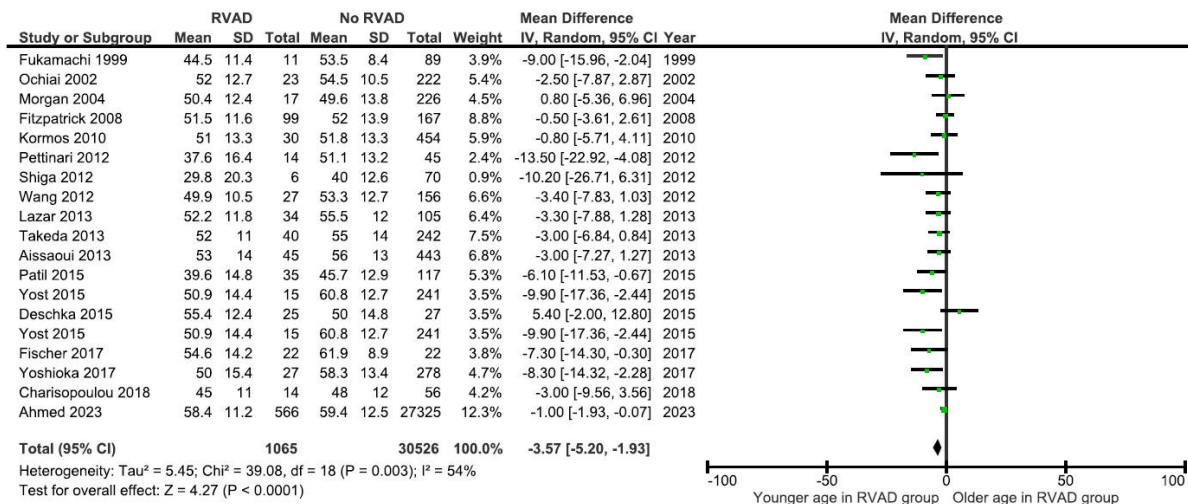


Fig. 2. Forest plot of the mean difference in preoperative age between patients with and without postoperative RVAD requirement.

The overall risk of bias for the included studies was judged to be moderate. As all 20 studies were non-randomized and predominantly retrospective in nature, they are inherently susceptible to certain biases. The primary concerns across most studies were a moderate risk of bias due to confounding (arising from unmeasured variables like intraoperative events or institutional protocols) and a moderate risk of bias from the selection of reported results (given the large number of potential predictors analysed). Domains such as participant selection, classification of interventions, and measurement of the outcome (RVAD implantation) were generally at low risk of bias due to the use of consecutive patient cohorts and the objective nature of the outcome.

The meta-analysis identified numerous significant preoperative predictors of postoperative RVAD requirement across clinical, hemodynamic, echocardiographic, and laboratory domains. The complete results for all analyzed variables, including both significant and non-significant findings, are detailed in Tables 2,3,4. The individual forest plot for each analysed variable is available in the **Supplementary Material**.

3.2 Demographic Predictors

Patients requiring RVAD support were significantly younger than those not requiring RVAD (mean difference [MD] -3.57 years, 95% CI -5.20 to -1.93, $p < 0.001$; Fig. 2, Table 2). Male gender was associated with a reduced risk of RVAD requirement (OR 0.56, 95% CI 0.41-0.77, $p < 0.001$; Fig. 3). No significant differences were observed in ischemic cardiomyopathy (OR 1.04, 95% CI 0.79-1.36) or dilated cardiomyopathy (OR 0.89, 95% CI 0.72-1.11).

3.3 Surgical and Clinical History

A history of previous cardiac surgery was associated with a higher risk of RVAD implantation (OR 1.78, 95% CI 1.18-2.70). Patients with a preoperative INTERMACS

Profile 1 were more than twice as likely to need an RVAD (OR 2.27; 95% CI, 1.04 to 4.96). The need for aggressive preoperative support, including mechanical ventilation (OR 3.47; 95% CI, 2.44 to 4.94), hemofiltration (OR 3.17; 95% CI, 1.64 to 6.12), or IABP (OR 2.00; 95% CI, 1.54 to 2.59), were all strong predictors.

3.4 Haemodynamic Predictors

A distinct preoperative hemodynamic profile emerged for patients who subsequently required an RVAD (Table 3). These patients exhibited significantly higher central venous pressure (CVP) (MD 2.82 mmHg; 95% CI, 1.35 to 4.29; Fig. 4) and a higher CVP/PCWP ratio (MD 0.15; 95% CI, 0.11 to 0.18, Fig. 5). This evidence of right-sided congestion was coupled with markers of impaired RV output, including a lower cardiac index (MD -0.18 L/min/m²; 95% CI, -0.25 to -0.10), lower mean pulmonary artery pressure (PAP) (MD -3.22 mmHg; 95% CI, -5.29 to -1.16), and a markedly lower right ventricular stroke work index (RVSWI) (MD -9.94 mmHg × mL/m²; 95% CI, -16.05 to -3.82). A widely recognised haemodynamic marker of right ventricular function is the pulmonary artery pulsatility index (PAPi), which has been shown to predict postoperative RV failure and the subsequent need for RVAD support in LVAD candidates. Although PAPi is clinically relevant, only one study in our review [13] reported extractable preoperative PAPi data, which did not meet the minimum threshold required for quantitative pooling. As a result, PAPi could not be incorporated into the meta-analysis. Nevertheless, its established prognostic role highlights an important area for future research, particularly as contemporary LVAD cohorts adopt more standardised haemodynamic reporting.

3.5 Echocardiographic Predictors

Preoperative echocardiography provided key structural and functional clues to RV vulnerability (Table 3).

Table 2. Demographics, clinical, and surgical history predictors of RVAD requirement.

Parameter	No. of studies	Participants	Effect estimate (95% CI)	p-value	Heterogeneity (I ²)	p-value (Q)
Demographics						
Age (years)	18	31,591	MD: -3.57 [-5.20, -1.93]	<0.001	54%	0.003
Male Gender	19	41,243	OR: 0.56 [0.41, 0.77]	<0.001	57%	0.002
Race (African American)	3	28,390	OR: 1.21 [1.01, 1.44]	0.04	0%	0.700
Race (Caucasian)	3	1065	OR: 0.88 [0.41, 1.87]	0.74	74%	0.020
Body Surface Area (m ²)	8	1760	MD: -0.11 [-0.22, 0.00]	0.05	87%	<0.001
BMI (kg/m ²)	7	29,128	MD: 0.56 [-0.40, 1.53]	0.25	68%	0.004
Weight (kg)	3	483	MD: -4.65 [-14.12, 4.81]	0.33	87%	<0.001
Medical & surgical history						
Ischaemic Cardiomyopathy	15	12,831	OR: 1.04 [0.79, 1.36]	0.77	62%	<0.001
Dilated Cardiomyopathy	6	28,932	OR: 0.89 [0.72, 1.11]	0.31	0%	0.650
Prior Cardiac Surgery	8	11,756	OR: 1.78 [1.18, 2.70]	0.006	80%	<0.001
Diabetes Mellitus	6	1320	OR: 1.07 [0.64, 1.79]	0.79	50%	0.080
Hypertension	2	538	OR: 0.76 [0.43, 1.36]	0.35	0%	0.690
Chronic Kidney Disease	2	315	OR: 0.84 [0.34, 2.05]	0.71	63%	0.100
COPD	5	1038	OR: 0.94 [0.48, 1.82]	0.85	0%	0.700
Peripheral Vascular Disease	2	211	OR: 1.02 [0.33, 3.15]	0.97	0%	0.870
Cerebrovascular Accident (CVA)	3	408	OR: 5.35 [0.64, 44.56]	0.12	0%	0.440
Smoking History	2	434	OR: 0.80 [0.26, 2.53]	0.71	71%	0.060
Preoperative status & support						
INTERMACS Profile 1	6	28,285	OR: 2.27 [1.04, 4.96]	0.04	93%	<0.001
Preop. Mech. Ventilation	12	40,335	OR: 3.47 [2.44, 4.94]	<0.001	74%	<0.001
Preop. Hemofiltration	5	10,654	OR: 3.17 [1.64, 6.12]	<0.001	68%	0.010
Preop. IABP	13	12,746	OR: 2.00 [1.54, 2.59]	<0.001	48%	0.030
Preop. ECMO	9	38,751	OR: 2.17 [0.97, 4.85]	0.06	76%	<0.001
Inotropic Support Preop.	4	28,302	OR: 0.92 [0.42, 1.99]	0.83	75%	0.007
No. of Inotropes	2	640	MD: 0.16 [-0.10, 0.41]	0.23	0%	0.580
Device strategy & type						
Bridge to Transplantation	7	29,318	OR: 1.14 [0.84, 1.54]	0.4	38%	0.130
Destination Therapy	8	39,266	OR: 1.07 [0.93, 1.23]	0.35	0%	0.710
Pulsatile-flow LVAD	2	449	OR: 2.22 [0.34, 14.62]	0.4	78%	0.030
Risk scores						
Michigan RV Risk Score	2	532	MD: 1.33 [0.68, 1.99]	<0.001	0%	0.420

BMI, Body Mass Index; CI, Confidence Interval; COPD, Chronic Obstructive Pulmonary Disease; CVA, Cerebrovascular Accident; ECMO, Extracorporeal Membrane Oxygenation; IABP, Intra-Aortic Balloon Pump; INTERMACS, Interagency Registry for Mechanically Assisted Circulatory Support; LVAD, Left Ventricular Assist Device; MD, Mean Difference; OR, Odds Ratio; RV, Right Ventricular.

A critical functional marker was lower tricuspid annular plane systolic excursion (TAPSE), which trended strongly towards predicting RVAD need (MD -2.85 mm; 95% CI, -5.90 to 0.19). The presence of severe ($\geq 3/4$) tricuspid regurgitation was also a significant predictor (OR 1.40; 95% CI, 1.03 to 1.89).

3.6 Laboratory Parameters

RVAD patients had significantly higher preoperative bilirubin (MD +0.36 mg/dL, 95% CI 0.15–0.57) and aspartate aminotransferase (AST; MD +35.04 U/L, 95% CI 5.16–64.91), suggesting impaired hepatic function (Table 4). Coagulation profile was abnormal with higher INR (MD +0.17, 95% CI 0.05–0.29). Haematologic parameters also differed: haemoglobin (MD -0.53 g/dL, 95% CI -1.01 to

-0.05), platelet count (MD $-13.32 \times 10^3/\text{mcL}$, 95% CI -22.57 to -4.07), and albumin (MD -0.20 g/dL, 95% CI -0.30 to -0.10) were all significantly lower in patients requiring RVAD. BNP levels were substantially elevated (MD +722.8 pg/mL, 95% CI 26.05–1419.5).

3.7 Sensitivity Analysis

To investigate the substantial heterogeneity observed for several predictors, leave-one-out sensitivity analyses were performed (**Supplementary Table 2**). For certain variables, the analysis identified influential studies; for example, removing the study by Patil *et al.* [21] eliminated heterogeneity for TAPSE (I² from 88% to 0%), while removing the study by Deschka *et al.* [20] substantially reduced heterogeneity for INTERMACS Profile 1 (I² from

Table 3. Haemodynamic and echocardiographic predictors of RVAD requirement.

Parameter	No. of studies	Participants	Effect estimate (95% CI)	<i>p</i> -value	Heterogeneity (<i>I</i> ²)	<i>p</i> -value (<i>Q</i>)
Pressures (mmHg)						
CVP	17	40,993	MD: 2.82 [1.35, 4.29]	<0.001	93%	<0.001
Mean PAP	14	3080	MD: -3.22 [-5.29, -1.16]	0.002	68%	<0.001
Systolic PAP	8	11,400	MD: -4.22 [-7.46, -0.98]	0.010	72%	<0.001
Diastolic PAP	7	11,348	MD: -1.01 [-3.18, 1.15]	0.360	32%	0.190
PCWP	12	12,406	MD: -0.02 [-1.21, 1.17]	0.980	61%	0.003
MAP	5	10,887	MD: -3.60 [-5.44, -1.76]	<0.001	0%	0.520
Systolic Blood Pressure	6	1404	MD: -3.17 [-8.08, 1.75]	0.210	63%	0.020
Diastolic Blood Pressure	2	325	MD: -3.61 [-6.33, -0.90]	0.009	0%	0.580
RVDP	2	253	MD: 4.91 [-2.92, 12.75]	0.220	90%	0.001
RVSP	2	235	MD: 1.41 [-3.92, 6.74]	0.600	0%	0.900
TPG	5	10,551	MD: -0.86 [-2.57, 0.86]	0.330	59%	0.040
Calculated indices						
CVP/PCWP Ratio	5	10,855	MD: 0.15 [0.11, 0.18]	<0.001	0%	0.510
Cardiac Index (L/min/m ²)	13	12,390	MD: -0.18 [-0.25, -0.10]	<0.001	0%	0.500
Cardiac Output (L/min)	7	1193	MD: -0.28 [-0.62, 0.05]	0.100	56%	0.030
RVSWI (mmHg × mL/m ²)	6	11,010	MD: -9.94 [-16.05, -3.82]	0.001	94%	<0.001
RVSW (mmHg mL)	2	417	MD: -95.08 [-316.02, 125.86]	0.400	96%	<0.001
PVR (Wood Units)	10	12,122	MD: 0.15 [-0.38, 0.68]	0.580	83%	<0.001
PVRI (WU × m ²)	5	684	MD: -0.55 [-0.71, -0.39]	<0.001	0%	0.820
SVR (dynes × s/cm ⁵)	3	981	MD: -106.86 [-315.43, 101.72]	0.320	45%	0.160
Other						
Heart Rate (bpm)	8	11,500	MD: 4.16 [1.49, 6.83]	0.002	53%	0.040
SvO ₂ (%)	2	418	MD: -1.13 [-11.31, 9.04]	0.830	90%	0.002
Echocardiographic parameters						
Severe TR (≥3/4)	4	37,981	OR: 1.40 [1.03, 1.89]	0.030	52%	0.1
Mitral Regurgitation (≥3/4)	4	37,981	OR: 0.90 [0.78, 1.04]	0.160	0%	0.6
TAPSE (mm)	3	266	MD: -2.85 [-5.90, 0.19]	0.070	88%	<0.001
LVEF (%)	11	2050	MD: -0.42 [-1.35, 0.50]	0.370	0%	0.89
LVEDD (mm)	6	10,563	MD: -2.27 [-5.41, 0.88]	0.160	77%	<0.001
RVD (mm)	2	222	MD: -1.93 [-6.34, 2.49]	0.390	94%	<0.001

CI, Confidence Interval; CVP, Central Venous Pressure; LVEDD, Left Ventricular End-Diastolic Diameter; LVEF, Left Ventricular Ejection Fraction; MAP, Mean Arterial Pressure; MD, Mean Difference; OR, Odds Ratio; PAP, Pulmonary Artery Pressure; PCWP, Pulmonary Capillary Wedge Pressure; PVR, Pulmonary Vascular Resistance; PVRI, Pulmonary Vascular Resistance Index; RVD, Right Ventricular Diameter; RVDP, Right Ventricular Diastolic Pressure; RVSP, Right Ventricular Systolic Pressure; RVSW, Right Ventricular Stroke Work; RVSWI, Right Ventricular Stroke Work Index; SvO₂, Mixed Venous Oxygen Saturation; SVR, Systemic Vascular Resistance; TAPSE, Tricuspid Annular Plane Systolic Excursion; TPG, Transpulmonary Gradient; TR, Tricuspid Regurgitation.

93% to 37%). In contrast, for other key predictors such as CVP and RVSWI, the removal of any single study did not meaningfully reduce the high levels of heterogeneity (*I*² >80% in all iterations), suggesting that the variability for these measures is a diffuse feature across the published literature. The results remained statistically significant for most key predictors throughout the sensitivity analyses.

3.7.1 Subgroup Analysis

In the LVAD-era subgroup analysis (**Supplementary Table 3**), the direction of associations between preoperative variables and RVAD requirement was largely consistent across pulsatile-flow and continuous-flow cohorts. For demographic predictors, younger age was associated with

RVAD use in continuous-flow studies (MD -3.64, 95% CI -5.41 to -1.86; *p* < 0.001) but not in pulsatile cohorts (MD -3.32, 95% CI -8.54 to 1.90; *p* = 0.21). Male sex showed a similar pattern, with a significant association in continuous-flow devices (OR 0.58, 95% CI 0.42–0.81; *p* = 0.001) but not in pulsatile studies (OR 0.46, 95% CI 0.17–1.26; *p* = 0.13). Key hemodynamic predictors remained directionally aligned between eras. Elevated central venous pressure strongly predicted RVAD requirement in continuous-flow LVADs (MD 3.25, 95% CI 1.63–4.86; *p* < 0.00001), whereas pulsatile studies showed no significant effect (MD -0.18, 95% CI -3.25 to 2.89; *p* = 0.91). Cardiac index was significantly lower in RVAD patients in continuous-flow studies (MD -0.16, 95% CI -0.23 to -0.09; *p* < 0.00001)

Table 4. Laboratory predictors of RVAD requirement.

Parameter	No. of studies	Participants	Effect estimate (95% CI)	p-value	Heterogeneity (I ²)	p-value (Q)
Hepatic function						
Total Bilirubin (mg/dL)	16	40,809	MD: 0.36 [0.15, 0.57]	<0.001	93%	<0.001
AST (U/L)	11	12,315	MD: 35.04 [5.16, 64.91]	0.020	87%	<0.001
ALT (U/L)	7	1242	MD: -11.13 [-39.14, 16.89]	0.440	69%	0.003
Renal function						
BUN (mg/dL)	12	12,517	MD: 1.87 [-0.17, 3.92]	0.070	45%	0.050
Creatinine (mg/dL)	16	40,809	MD: 0.09 [-0.00, 0.18]	0.060	45%	0.030
Haematologic & coagulation						
INR	7	11,438	MD: 0.17 [0.05, 0.29]	0.006	79%	<0.001
Hemoglobin (g/dL)	7	11,121	MD: -0.53 [-1.01, -0.05]	0.030	66%	0.007
Platelets (×10 ³ /mcL)	9	11,558	MD: -13.32 [-22.57, -4.07]	0.005	0%	0.460
Hematocrit (%)	5	1230	MD: -1.46 [-3.09, 0.18]	0.080	75%	0.002
APTT (s)	3	525	MD: 1.83 [-4.20, 7.86]	0.550	77%	0.010
Nutritional & inflammatory						
Albumin (g/dL)	10	39,338	MD: -0.20 [-0.30, -0.10]	<0.001	63%	0.004
Serum Total Protein (g/dL)	3	663	MD: -0.29 [-0.66, 0.08]	0.130	49%	0.140
WBC (×10 ³ /mcL)	9	11,880	MD: 1.29 [0.70, 1.87]	<0.001	58%	0.010
C-Reactive Protein	4	775	MD: -1.34 [-9.90, 7.22]	0.760	79%	0.001
Cardiac biomarkers						
BNP (pg/mL)	4	10,346	MD: 722.79 [26.05, 1419.53]	0.040	93%	<0.001
Other						
Lactate (mmol/L)	2	103	MD: 0.24 [-0.19, 0.68]	0.270	0%	0.730
Serum Sodium (mmol/L)	6	10,843	MD: -0.88 [-1.59, -0.17]	0.020	0%	0.630

CI, Confidence Interval; CVP, Central Venous Pressure; LVEDD, Left Ventricular End-Diastolic Diameter; LVEF, Left Ventricular Ejection Fraction; MAP, Mean Arterial Pressure; MD, Mean Difference; OR, Odds Ratio; PAP, Pulmonary Artery Pressure; PCWP, Pulmonary Capillary Wedge Pressure; PVR, Pulmonary Vascular Resistance; PVRI, Pulmonary Vascular Resistance Index; RVD, Right Ventricular Diameter; RVDp, Right Ventricular Diastolic Pressure; RVSP, Right Ventricular Systolic Pressure; RVSW, Right Ventricular Stroke Work; RVSWI, Right Ventricular Stroke Work Index; SvO₂, Mixed Venous Oxygen Saturation; SVR, Systemic Vascular Resistance; TAPSE, Tricuspid Annular Plane Systolic Excursion; TPG, Transpulmonary Gradient; TR, Tricuspid Regurgitation.

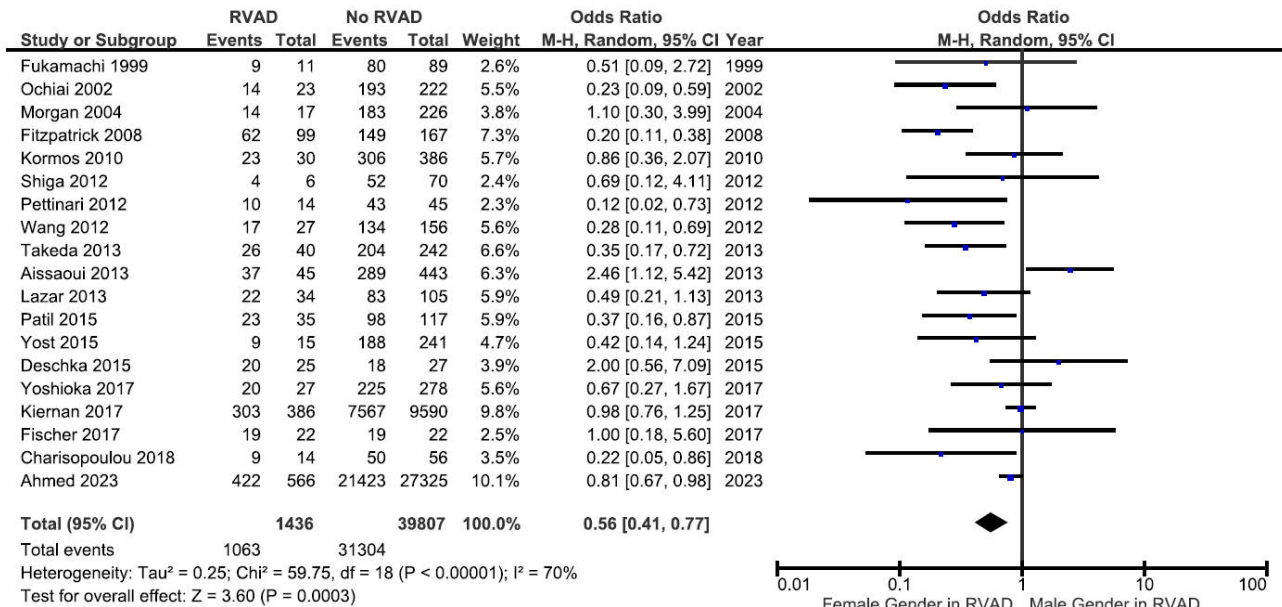


Fig. 3. Forest plot of odds ratio for male gender as a predictor of postoperative RVAD requirement.

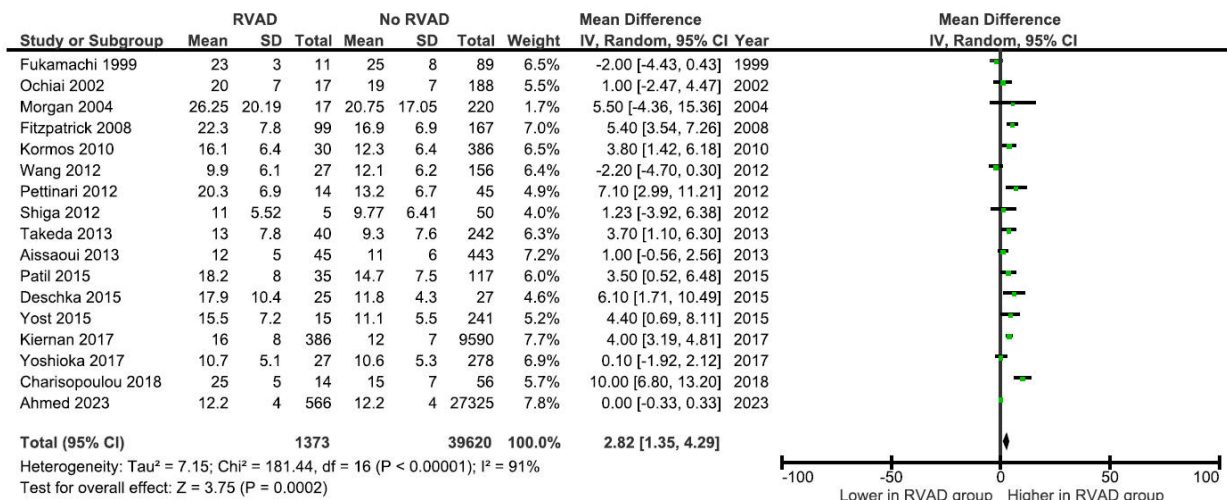


Fig. 4. Forest plot of mean difference in central venous pressure between patients with and without postoperative RVAD requirement.

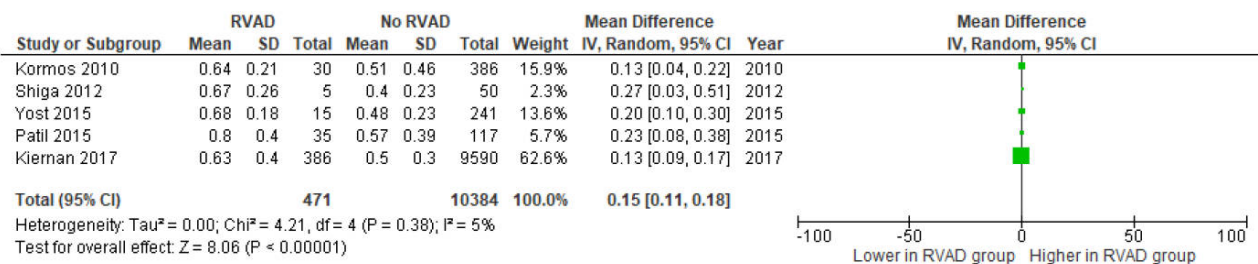


Fig. 5. Forest plot of mean difference in preoperative CVP/PCWP ratio between patients with and without postoperative RVAD requirement.

and showed a similar but non-significant trend in pulsatile cohorts (MD -0.30, 95% CI -0.73 to 0.14; $p = 0.18$). Liver and renal biomarkers showed comparable patterns: bilirubin was significantly elevated in continuous-flow studies (MD 0.35, 95% CI 0.13–0.56; $p = 0.001$), while pulsatile studies showed a similar non-significant trend (MD 0.88, 95% CI -0.39 to 2.16; $p = 0.18$). Preoperative mechanical ventilation predicted RVAD requirement in both eras, with similar effect size in continuous-flow studies (OR 3.53, 95% CI 2.36–5.28; $p < 0.00001$) and pulsatile studies (OR 3.14, 95% CI 1.49–6.61; $p = 0.003$). No variable showed a reversal of effect direction between eras, indicating that the core physiological determinants of right-ventricular failure requiring RVAD support were stable across technological generations.

3.7.2 Sample-Size Subgroup Analysis

In the sample-size subgroup analysis (Supplementary Table 4), the magnitude and direction of associations between preoperative variables and RVAD requirement were broadly consistent across small (<300 patients) and larger (≥ 300 patients) studies. For demographic variables, younger age remained significantly associated with RVAD implantation in both small

(MD -3.41, 95% CI -5.32 to -1.50) and larger cohorts (MD -3.89, 95% CI -6.14 to -1.64). Key hemodynamic predictors demonstrated similar stability: elevated central venous pressure predicted RVAD use in both small (MD 2.74, 95% CI 1.03–4.45) and larger studies (MD 3.12, 95% CI 1.58–4.66), while cardiac index consistently trended lower in RVAD recipients across size groups. Laboratory biomarkers also showed comparable patterns; bilirubin remained elevated in RVAD patients in both small (MD 0.38, 95% CI 0.16–0.59) and larger studies (MD 0.31, 95% CI 0.05–0.57). No variable demonstrated a change in effect direction between subgroups, and the overall consistency of predictors across study sizes suggests that the pooled findings were not disproportionately influenced by either small single-centre cohorts or larger multicentre studies.

3.8 Diagnostic Accuracy of Predictive Models

Several studies have attempted to integrate various predictors into risk scores. The performance of these scores has been variable (Table 5, Ref. [8,13,17,21,23,29,30]). For instance, Wang *et al.* [23] developed a decision tree model achieving a high area under the ROC curve (AUC) of 0.87, and Fitzpatrick *et al.* [29] created a score with 83% sensitivity and 80% specificity. However, external valida-

Table 5. Diagnostic accuracy of predictive models for RVAD from included studies.

First author (year)	Model/predictor	Validation status	Cohort characteristics	Area under curve (AUC)	Reported sensitivity	Reported specificity	Cutoff value
Wang <i>et al.</i> (2012) [23]	Decision Tree Model	Internal	Single-centre, retrospective (n = 183); mixed pulsatile/CF-LVADs	0.87	85%	83%	N/A
Fitzpatrick <i>et al.</i> (2008) [29]	Risk Score	Internal	Single-centre, retrospective (n = 266); mixed pulsatile/CF-LVADs	N/A	83%	80%	Score ≥ 50
Yost <i>et al.</i> (2016) [30]	MELD Score	Performance Assessment	Single-centre, retrospective (n = 256); CF-LVADs	0.636	N/A	N/A	>9
Patil <i>et al.</i> (2015) [21]	TAPSE	Performance Assessment	Single-centre, retrospective (n = 152); CF-LVADs	0.85	84%	75%	<12.5 mm
Charisopoulou <i>et al.</i> (2019) [17]	RA Longitudinal Strain	Performance Assessment	Single-centre, retrospective (n = 70); CF-LVADs	0.913	94%	65%	$\leq 10.5\%$
Kiernan <i>et al.</i> (2017) [13]	Multivariable Risk Model	Internal	Multi-centre registry (INTERMACS, n = 9976); CF-LVADs	0.78	N/A	N/A	N/A
Rivas-Lasarte <i>et al.</i> (2021) [8]	EUROMACS-RHF Score	External	Multi-centre, retrospective US cohort (n = 662); CF-LVADs	0.64	N/A	N/A	N/A

AUC, Area Under the Curve; CF-LVAD, Continuous-Flow Left Ventricular Assist Device; EUROMACS-RHF, European Registry for Patients with Mechanical Circulatory Support-Right-Sided Heart Failure; INTERMACS, Interagency Registry for Mechanically Assisted Circulatory Support; MELD, Model for End-Stage Liver Disease; N/A, Not Available; RA, Right Atrial; TAPSE, Tricuspid Annular Plane Systolic Excursion.

tion studies by Pettinari *et al.* [26] and Rivas-Lasarte *et al.* [8] found that many of these scores have limited discrimination in different patient cohorts, with AUCs often below 0.70. This highlights the challenge of creating a universally applicable predictive tool.

Overall, the meta-analysis demonstrated that younger age, female sex, previous cardiac surgery, preoperative mechanical ventilation, IABP support, elevated CVP, reduced cardiac index, abnormal liver and coagulation parameters, hypoalbuminemia, anaemia, thrombocytopenia, elevated BNP, higher Michigan RV risk scores, and severe tricuspid regurgitation were consistent predictors of RVAD requirement following LVAD implantation.

4. Discussion

RVF remains the Achilles' heel of contemporary durable or temporary LVAD therapy and is strongly associated with peri-operative morbidity, prolonged resource use, and excess mortality [32]. In its severest form, RVF mandates RVAD support, a scenario repeatedly linked with worse early and late outcomes compared with isolated LVAD [6]. Patients requiring RVAD after LVAD implantation experience higher peri-operative mortality, more bleeding and neurological complications, and worse long-term survival compared with those managed with isolated LVAD support [33], underscoring the critical importance of early risk recognition and proactive management.

Several prior systematic reviews and meta-analyses have sought to identify predictors of right ventricular dysfunction after LVAD implantation. However, most have considered RVF as a broad and heterogeneous entity, often combining transient inotrope dependence, prolonged nitric oxide therapy, and RVAD implantation into a single outcome. Bellavia *et al.* [34] synthesized data from 36 studies and identified haemodynamic and echocardiographic predictors of RVF, including elevated central venous pressure, lower right ventricular stroke work index, and increased RV/LV diameter ratio, but RVAD implantation was not assessed separately as a hard endpoint. Frankfurter *et al.* [7] instead focused on the performance of dedicated RVF risk scores, such as the Michigan, CRITT, and EUROMACS-RHF models, and demonstrated their limited discriminatory ability when externally validated, with most models showing modest predictive value only. Other reviews have concentrated on specific preoperative domains. For example, Chai *et al.* [35] examined echocardiographic markers, reporting that impaired RV function and significant tricuspid regurgitation were associated with post-LVAD RVF.

Importantly, none of these prior studies have synthesized predictors specifically for RVAD implantation, the most clinically decisive manifestation of RVF. This distinction matters as patients requiring RVAD after LVAD implantation have a three- to fourfold higher early mortality and significantly worse long-term outcomes compared with those supported with isolated LVAD [36]. By treat-

ing RVAD implantation as a discrete endpoint, our study moves beyond the heterogeneity of prior RVF definitions and provides a more actionable evidence base for surgical decision-making.

The present meta-analysis therefore builds on the existing literature by systematically evaluating preoperative predictors across all major domains, clinical and demographic factors, haemodynamic, echocardiography, and laboratory parameters, and quantifying their association with the subsequent need for RVAD support. This integrated approach allows for a more holistic risk profile and provides cardiac surgeons with practical, clinically relevant predictors that can guide both preoperative optimization and intraoperative strategy. Synthesizing the evidence from 20 studies, this comprehensive meta-analysis identified a robust profile of preoperative risk factors for RVAD requirement after LVAD implantation. The results clearly indicate that the need for RVAD is driven by a syndrome of global illness severity, characterized by advanced clinical acuity, profound haemodynamic compromise, and significant end-organ dysfunction, rather than any single isolated parameter.

Our analysis reaffirms the central role of haemodynamic assessment in risk stratification. An elevated CVP is a consistent and powerful predictor, reflecting the degree of systemic venous congestion that the RV must overcome. However, isolated CVP can be misleading. Indices that provide broader context, such as the CVP/PCWP ratio, which reflects the balance of right- versus left-sided filling pressures, and the RVSWI, which quantifies the effective work of the RV, were also highly significant in our analysis. This emphasizes that a dynamic assessment of RV function relative to its loading conditions is more informative than static pressure measurements alone.

Recent evidence further supports the prognostic importance of the right atrial pressure to pulmonary capillary wedge pressure (RAP/PCWP) ratio in the LVAD population. A 2025 study by Keskin *et al.* [37] demonstrated that an elevated RAP/PCWP ratio strongly predicts in-hospital mortality following LVAD implantation. In that cohort, patients with a high RAP/PCWP ratio (≥ 0.47) had a markedly higher in-hospital mortality rate compared with those below this threshold (46% vs. 10%), and the RAP/PCWP ratio showed excellent discriminatory ability (AUC 0.829). Importantly, RAP/PCWP remained an independent predictor of early mortality on multivariate analysis (OR 3.48 per 0.1 increase), outperforming other coupling indices such as PAPI and TAPSE/PASP. Although our review could not quantitatively pool RAP/PCWP due to heterogeneous reporting across studies, our findings align with this physiologic relationship and further underscore the central role of venous congestion and RV–pulmonary arterial uncoupling in determining early postoperative outcomes. Integration of RAP/PCWP into standardized preoperative evaluation may enhance risk stratification, particularly when used along-

side established clinical predictors such as INTERMACS profile.

A key theme emerging from this analysis is the paramount importance of systemic and end-organ function. The strong association with high-acuity INTERMACS profiles and the need for preoperative life support (mechanical ventilation, IABP, ECMO) underscores that patients in cardiogenic shock are at the highest risk. This is further supported by the laboratory findings. Elevated bilirubin and INR, and low albumin are not just markers of hepatic dysfunction; they are powerful surrogates for the systemic effects of chronic right-sided congestion and low cardiac output. These findings validate the components of widely used prognostic scores like the MELD score, which Yost *et al.* [30] found to be predictive of RVF.

The challenge of risk prediction is highlighted by the inconsistent performance of dedicated RVF risk scores. While scores developed in one cohort may perform well internally, studies by Pettinari *et al.* [26] and Rivas-Lasarte *et al.* [8] demonstrate that their predictive power often diminishes upon external validation. Rivas-Lasarte *et al.* [8] found the EUROMACS-RHF score had an AUC of only 0.64 in a large external cohort, concluding its clinical utility remains to be determined. This suggests that static scoring systems may fail to capture the complex, dynamic pathophysiology of individual patients and underscores the need for a more integrated, clinician-driven assessment.

Previous systematic reviews have largely focused on RVF as a broader construct. Bellavia *et al.* [34] identified elevated CVP, impaired RVSWI, and RV dilation as predictors of RVF, but did not differentiate between mild, moderate, or severe failure, nor did they isolate RVAD implantation as an endpoint. Frankfurter *et al.* [7] reviewed existing risk scores (e.g., Michigan, CRIT, EUROMACS-RHF) and demonstrated their limited discriminatory ability when externally validated. More recently, Rodenas-Alesina *et al.* [38] and Wang *et al.* [39] provided narrative reviews of RVF incidence, pathophysiology, and prevention strategies, but again encompassed heterogeneous outcomes. Importantly, Reid *et al.* [36] specifically showed that patients requiring RVAD after LVAD implantation had more than a threefold higher 30-day mortality (31.9% vs 6.7%) compared with isolated LVAD recipients, reinforcing the prognostic weight of this endpoint. Our study advances the field by being the first meta-analysis to quantitatively synthesize preoperative predictors of RVAD implantation as a distinct and clinically decisive outcome.

The findings of this meta-analysis have direct clinical implications. Patient selection for LVAD therapy must involve a comprehensive, multi-parameter risk assessment. A patient presenting with multiple risk factors identified in this analysis, such as an INTERMACS Profile 1, a history of prior cardiac surgery, need for preoperative IABP, an elevated CVP, low TAPSE, and elevated bilirubin, should be considered at very high risk for requiring postoperative

RVAD support. In these patients, the clinical team should consider strategies to mitigate risk, such as intensive preoperative medical optimization to decongest the patient and improve end-organ function. Furthermore, there should be a low threshold for a planned biventricular support strategy, either with a temporary RVAD or consideration of a primary BiVAD or total artificial heart. As shown by Ahmed *et al.* [14], a sequential, rescue RVAD implantation after a period of deterioration is associated with significantly worse survival and higher adverse event rates compared to a concurrent, planned BiVAD implantation. Therefore, anticipating the need for RV support and acting proactively is critical.

5. Limitations

This meta-analysis is subject to several limitations inherent to the source literature. The majority of the included studies were retrospective, and significant heterogeneity existed in patient populations, definitions of RVF, and eras of LVAD technology. The decision to implant an RVAD is also subject to institutional practice patterns, which introduces variability. While we focused on the hard endpoint of RVAD implantation, this does not capture the full spectrum of RVF, which includes patients managed with prolonged inotropes who may also have poor outcomes.

Furthermore, a key limitation of this meta-analysis is the probable inclusion of overlapping patient cohorts from large, registry-based studies. Specifically, major studies such as Kiernan *et al.* [13] and Ahmed *et al.* [14] both draw from the INTERMACS registry during overlapping time periods. This can potentially skew the summary effect estimates and lead to an overestimation of the precision of our findings. While it was not possible to identify and exclude overlapping patients from the primary data, this inherent limitation should be considered when interpreting the results of this analysis.

Finally, the analysis is limited by the variables reported in the primary studies, and the potential for publication bias cannot be excluded.

6. Conclusion

In conclusion, this systematic review and meta-analysis identifies a clear and consistent profile of preoperative risk for RVAD requirement after LVAD implantation. This profile is characterized by high clinical acuity, the need for preoperative mechanical support, haemodynamic evidence of severe RV dysfunction, and laboratory signs of systemic congestion and end-organ injury. No single variable is sufficient for risk prediction; rather, a comprehensive, multi-parameter assessment is essential to guide patient selection, facilitate informed decision-making, and plan perioperative strategies to improve the outcomes of this high-risk patient population.

Availability of Data and Materials

The data are available from the corresponding author after reasonable demand.

Author Contributions

MC conceptualised the study and drafted the manuscript. MC, AD, CC, IZ, AS, AP, EK, MO, MMV, NM, and HSA performed data acquisition, data extraction, and data analysis. SGR contributed to the study conceptualisation and provided senior review. AS, AP, EK, MO, MMV, NM, HSA, AD, CC, IZ, and SGR contributed to critical revision of the manuscript. All authors read and approved the final manuscript. All authors have participated sufficiently in the work and agreed to be accountable for all aspects of the work in accordance with the ICMJE authorship criteria.

Ethics Approval and Consent to Participate

Not applicable.

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Conflict of Interest

The authors declare no conflict of interest. Shahzad G. Raja is serving as one of the Editorial Board members of this journal. We declare that Shahzad G. Raja had no involvement in the peer review of this article and has no access to information regarding its peer review. Full responsibility for the editorial process for this article was delegated to Tadahisa Sugiura.

Supplementary Material

Supplementary material associated with this article can be found, in the online version, at <https://doi.org/10.31083/HSF50915>.

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